

“I am grateful to The Whole Existence for enabling me to pen my experiences into words. “

TO THE AUTHOR

At the very outset, I want to extend my heartiest felicitation to the author for bringing out a very useful book on the stark realities of life. Life is nothing but a personal experienced definition and the writer with his penetrating insight and keen observance has depicted his views with an open mind on it. As a matter of fact, it does not seem to be a maiden attempt. He has dealt a gigantic task with clarity and undaunted courage and conviction. As the Principal of D.A.V. Centenary School, Mandi Dabwali up to 31st March, 1993, I personally knew his darling angles, the ill fated children. He always cared a lot for his children and there were occasions when he expressed his dissatisfaction over some short-coming of the school but with least grudge.

In this book, his main emphasis has been on ‘Nature’, and as an ardent believer of Nature he says that all the miseries and pangs man is suffering from, are on account of his becoming alien to Nature. He attacks the modern system of society which is not only faulty but also anti-Nature.

His ideas of well-mind and ill-mind are very convincing and weighty and have been elaborately clarified. He has communicated successfully his views on the ills of society and has also suggested remedial measures. To me, he appears to be 'Lord Bacon of India', assuring man complete, blissful and heavenly life, in case he faithfully follows Nature.

The book will prove a boon to the tension-ridden people hankering after money and power. Now there is sick, hurry and divided aims all around. The author has warned such people against the ensuing danger of extinct through his experiences. The touch of subjectivity is bound to be there, of course: Nevertheless, I have all praise for his daring and bold steps which he has taken in penning this book. Though he admits that this source of inspiration is the Fire Tragedy of D.A.V. Centenary Public School Mandi Dabwali on 23rd December 1995 yet I feel he possesses an inherent talent to pen more books in future, He is enlightened, tolerant, knowledgeable and well-read man. My good wishes, blessings in abundance and full measure are always with him.

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TO THE READER

I have collected some leaves from the tree of my life with my own hands. Life is a subjective experience. In fact, true lessons of life are learnt but from the book of life itself. Mine this maiden attempt touches the important aspects of life. Life is being constantly affected and shaped by some of Forces, visible or invisible. I have tried to take up some of them. My views on life are based on my own personal experiences. I would like to share of them with the valued reader. I would never have penned any book but for The Dabwali Fire Tragedy. So it is but natural that the stamp of Tragedy is there in it. After losing my whole family, I found a good outlet in reading and writing. Life always needs some outlet to pull on otherwise suppressed feelings prove fatal. May be, I have survived that inferno as I was destined to write some. In this way, I shall be able to serve Nature before leaving. All of us owe something to Her. May be mine these views on life do not please some people, so I seek apology in advance, if these may hurt anybody's feelings in any way. Mine these views are spontaneous and not intentional. I solicit your valuable views after you go through this booklet. I also invite comments and suggestions with open mind. I am not a product of any convent or public school but I learnt some

sort of English by my own efforts. So some inadvertent mistakes might have crept in. I hope you will bear it with me and guide me further.

PREFACE

Though this book is too small in size yet it contains useful and practical chapters. The realities of life need not large books but can be put into a capsule. All the books carry some special message which can be put into some words. But the books have to be made elaborative to cater to different mental calibers. They are born out of contemporary social, economic and political system. Most of them seek reforms in that set up, thus inviting the wrath of those who matter. They are not heeded to at the time of their writing because they highlight the prevalent ills. But afterwards they begin to be sold and revered. It had happened, it is happening and it will go on happening. It is the tragedy of man. May Nature bless him.... !

INTRODUCTION

Life is the precious gift of Nature but mostly wasted by man. He merely goes through it. He seems to be merely crawling and dragging on this planet. Except man all other creations of Nature enjoy life. At the same time, they live a meaningful life as well. They serve Nature while living and

even after leaving. Man too can enjoy life and make it meaningful while living and even after leaving but only if he knows the art of living and leaving.

Life is an art and so is death. It all depends on man. He can make hell or heaven of both. Live with the realities of Life awakeningly. Awareness, watchfulness and observance is the master key. Remain always conscious and leave all other to Nature. The leaving will be such as you have lived.

I have tried, in this mine maiden attempt, to bring home certain points on the most important aspects of life. These are my earned views, so there may be an element of subjectivity in these. What has not subjectivity here? This book is a sort of an autobiographical account of life. Mine these views on life may be termed as pessimistic but these are based on harsh realities of life, so take them in the right perspective. I hope them to be of some use for man. I solicit the valued support of all. It will help me to write more on life and Nature. May Nature Bless all... ! Remember, these views are mine and not thine. Thou are unique by nature, so thou are to find thy Natural-self by thy own efforts, by thine own life-style. Thou have to learn thy own truth. So, Thou may test mine views on thine own touch-stone and these might prove to be as some signals helpful to thee. So, do learn from thine own life experiences and thou will definitely be successful

as well as blissful. Once you are full to brim then you will definitely overflow thus being signal for others.

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THE PRAYER

“Prayer means to remain ever-grateful”

“Oh, Nature I bow to thee for Thy Benevolence.

Thou hath arranged all the Heavens here for all

I am grateful to Thee for Thy such Abundance.

O adore Thee for Thy such Creations

Who go on serving Thee

And enhancing the beauty of Thy blessed

Heavens here

‘I appeared out of Thee.

Thou sustain me

I will disappear in Thee

All is Thy grace

Still bless me to serve Thee.

As per Thy blessed Creativity

And I owe it to Thee.

All is thine, Nothing is mine.

Accept me graciously after the exit

And integrate me with Thee.

Bless me with gracious exit.”

Prayer means to be grateful to that Benevolent power which causes all, sustains all and accepts all after the exit. But how does man pray? He merely begs more still more. Some seek health, some wealth, some power and what not..... If man can't help begging, then to seek health seems to be a good begging, all other are simply absurd. 'Nature has blessed health and health can produce any wealth'. In fact, life itself is the precious blessing. It happens by Her grace. She has blessed man with all. It is not earned by man. He is not worthy of it; it is not his right and he has not paid for it. The whole has been showered on him, then why to seek the partial? Nature has granted all for all without any asking. She has kept away

nothing to be begged of. There is no question of asking. She is ever and omni showering, what man needs is receptivity. He is an important organ of The Whole. Nature has blessed him to stand on his legs, work with his hands, to communicate with others and to contemplate. Thus, he is in a better position to enjoy the blisses of Nature. Even all other creations are serving Her thus beautifying Her-blessed Heavens here for man. Nature has bestowed all on him. From the basic needs to luxuries, all are blessed by Her. The Utopian Heaven may not have all that which is blessed by Her on this planet. Even though, man cannot repay even a fraction of Her grace yet he can be but grateful but.....?. This is the only way to thank that Almighty Force. He can serve Her by doing such deeds as enhance Her-blessed heaven's beauty. Here all are born unique endowed with some special latent talent. All are blessed with some original Natural Creative instinct. Man should try to find his that natural touch and serve Nature as per it. For this, he has to adopt a Natural life-style. But man is so trained from the word go so as to lose his Natural self. This is tragedy of man. He must have been the most blissful of all the creations but he is the most miserable of all. The fault lies in him. He has to learn the art of living, leaving and praying. Then nothing can stop him to be the most blissful of all. He can enjoy life consciously while other creations can't do so. He has to stop begging. Doing is praying. But man begs all but wants to do

nothing. He does not merely want all here but even over there too but only for himself and this is the basic reason for his such hellish state in this virtual heaven. He should be grateful to Her in all circumstances. He should accept all as Her grace. 'She gives him so much and so precious and that too at nil cost which cannot be repaid at any cost.' He has to learn the art of living, leaving and praying from nature itself. Flora and Fauna can teach him best. All creations of Nature beg nothing but show their gratitude by doing their respective roles magnificently thus maintaining and beautifying Her empire. But take man, he never feels grateful to her he is so selfish that he is trying in every way to spoil the beauty of Her-blessed Heaven here. Even he wants to conquer Her. In the olden days, man used to worship Natural objects. There was a meaning in it. He showed his gratitude to Her by praying so. In my view, that prayer was right if compared to the present modes of praying. Today, prayer has become just a ritual. Man prays just for the sake of praying. He is spending his energy and means on various modes of praying. Much is being spent on congregations and gatherings. All this can be spent on the 'child' . If man takes care of the 'child', then this will be a very suitable prayer. In this way, he can try to serve the best creation of Nature. But how he prays? He goes on cherishing more and still more. Praying has become a sort of begging. None has ever been blissful by begging. Only sharing can do this wonder.

Sometimes, he prays out of grief but that too is but selfish. Man's praying is always selfish and ambitious. Grief or joy man should always be beholden to Her. He should always be in a continuous prayer by doing his given role magnificently. 'Live and leave in such a way so as to be a prayer unto thyself'. Prayer should never become a show. It is a very private affair.

I have read that in Japan all newly wed-couples plant eleven saplings as a token of their love. They also take care of these as it is a sign of their growing, blooming and blossoming married life. They compare their prosperity, success and happiness to these. Then it is but natural that they take care of those plants very lovingly. What a wonderful way of saying the true prayer! This practice can be adopted at such occasions as birth, and death also. Such a practice of planting saplings can help in maintaining Eco-balance. Nature too will be grateful to Her best creation in this way.

One more tale comes to my mind which tells us about the preciousness of Natural gifts which are blessed by Her without any cost or favour. A man came to a Saint. He seemed to be sad. The saint inquired about the reason for it. The man told his tale of penury. He said, "Nature has showered all the blisses on others but not on me. I am very poor, thus miserable." The saint tried to make him understand that Nature never discriminates. It is always omni and just. The riches and poverty are not Naturally-given but depend on the worldly-system. She has showered all

for all. But the man did not understand the saint. He wanted to have the blessing of the seer to become somewhat meaningful. The saint wanted to make him understand the reality of things. So he inquired about that man's requirements. The man wanted some amount of money as per his begging capacity. "All of us beg as per our own begging capacity". It is man's wont to always seeks more and more thus becoming more and more miserable in the process. "The more he begs, the more he suffers." The saint promised to arrange the amount within a week and told him to collect that on a certain day. The man returned on the appointed day. The saint handed over the amount to him. The man bowed and began to leave. But the saint called him back. The saint said, "Won't you give me something as "Guru Dakshina" (token of gratitude)? The man agreed promptly and gladly. The saint said, "Give me your hand as "Guru Dakshina". The man was infuriated. He said to the saint, "How is it possible? How shall I be able to work, eat and take care of my daily routine of life?" Moreover, no amount of money can ever bring my same hand back or perform the daily routine of life. Then the saint reminded him of his folly. He said, "Oh, man Nature has given you so much precious at nil cost which no amount of money can buy." The man picked up the point and fell at the feet of the seer. He threw away the bag containing money. The saint blessed him to work hard, to live meansfully and happily and serve Nature as well. The tale tells about the

preciousness of Natural gifts. But man comes to know of it only when he loses some of the Natural gifts. Till then, he shuts his eyes towards Nature and goes on praying in so many ways begging and still begging. The whole Existence pays its gratitude to Nature for Her Abundant Benevolence but for man. He is the most ungrateful of all the species that is why man remains ever miserable even if he has all his desires fulfilled. He is always begging but is never ready to share. Even he tries to snatch and snatching will always lead to misery whereas sharing to blissfulness. He has so distanced himself from himself and Nature that he has been detached from the very source of blissfulness. He can regain his natural-self only by living as per Nature and by paying his gratitude to Her. He should always be obliged to Nature in all the circumstances. Let every moment be a prayer moment, but early in the morning when nature is in its pristine glory and is not vitiated by man, is the best time for prayer. The day well-begun will culminate into a blissful close of the day. Then again before going to mini-death (sleep), one should again be thankful to Her for granting him yet another day of blissfulness. He should pray for a sweet night, joyful day ahead. In this way, life will seem to be a happy journey. Such prayer is the true prayer and is well received by Nature. No grudge, No compliant but be simply grateful. "Always be cheerful and keep others

so.” It is the true prayer. Let life be a continuous prayer, pilgrimage and meditation.

NATURE – THE REAL TEACHER

“Learn to live blissfully from Nature.”

Only Nature is the best teacher when I say that life is the real teacher, then life too is a precious gift of Nature. Life teaches man many lessons of practical use which helps him to carry on with life in this world but lessons to blissfulness can only be learnt from Nature. The worldly teachings and preachings are only meant for material gains or for securing illusory berths for the next worlds. These have nothing to do with enjoying the Natural-gifted practical heaven here. That art can only be learnt from Nature. All the creations of Nature and Natural objects have system of their own. The sun rises and sets and all the celestial bodies move within some system. There is complete rhythm and harmony. There is cosmos and not chaos. All the system acts like an Orchestra. Man can learn much from this fail-proof system. The first thing, he can learn, is that life too is a part of that system. It is also a mini-system in itself. It too can be Natural only if it is harmonious but man is too busy in worldly futilities to find time to enjoy,

observe and follow Nature. He is to gain this and that; money, power, prestige and what not? He is always busy in learning worldly lessons to earn more and still more. For this, he goes on reading more and more but 'reading is mere feeding, whereas observing is conserving'. The true lessons of life do not take birth out of reading but visit only out of living. In times of emergency and need, man turns to many other ways to find solution to problems but never he finds any good solutions to them. Even so found solutions themselves become a problem. Why? Man never follows Nature. For doing so, he has to lose much of his material identity and ego which he can ill-afford. In the past, man turned to Nature in times of adversity. His life style too was Natural, thus he lived a well-contented life.. His standard of living might not have been high but even then he lived happily. Today, man has all the comforts of Heaven here and even more on this planet but even then his life is becoming miserable day by day. Why? He has not learnt the art of living which can be learnt only from Nature and life. Flora and Fauna and other Natural objects teach him the true lessons of life. The art of 'to be evenly poised in times of joys and sorrows' can be learnt from them. The golden rule 'everyone must earn his livelihood' can very well be emulated from them. The art of living, loving and leaving can be learnt from them. The art of praying and serving Nature can very well be emulated from them. The sublimities of life lie in Nature.

All other creations except man enjoy life. This too can be learnt from them. The present-day comforts make life really enjoyable. These comforts too are provided by the Grace and help of Nature. No doubt, man laboured too hard to get them. He made new inventions and discoveries. The science progressed through his hard work. What is science? It is also an art of learning through observation. At first, man observes Nature, then works hard, leading to new inventions. Thus science too is a Natural process. All the inventions are based on some law of Nature. For example, man saw lightening in the sky, then laboured to find out the cause and effect, thus leading to the invention of electricity which is the back-bone of all the progress and development. Moreover, the basic raw materials for the success of some invention too are provided by Nature. Man alone can do but nothing. Science is a product of brain which too is gifted by Nature. Thus man has been able to arrange the present-day comforts by the Grace of Nature. I have read about a recent book "The Death of Science" Which has predicted the limits of science thus its gradual demise. I too am of the view that how can science survive when man is ceasing to learn from Nature? Nature is the only 'Truth' from which man can learn more than from any other source. "But man is vainly trying to search for truth in books. "Truth can only be experienced not learnt." There is no great master than Nature. If man is to live comfortably and blissfully then he has but to learn

from Nature. If he fails to do so, then not only science but life's existence on this planet also faces a question mark? So, it is up to man to save the situation because he is the axis around whom the circle of life revolves. He is the most important organ of The Whole Existence. Here is learners' chart:

Learn	From
Versatility, Benevolence, Warmth, Parenthood, Discipline, Sacrifice, Hope, Justice.	Sun
Patience, Motherhood, Tolerance, Sacrifice, Benevolence, Perseverance, Large-heartedness;	Earth
Openness, Vastness, Space, Silence.	Sky
Beauty, Harmony, Rhythm, Splendor, Discipline	Stars
Coolness, beauty, Discipline	Moon
Greatness, Depth, Abundance, Tranquility, Majesty.	Ocean
Steadfastness, Greatness, Coolness, Peace, Endurance, Majesty, Abundance	Mountains
Dancing, Flow, Singing, Music, Laughter, Joy, Care	Water
freeness, Coolness	Resources
Carefree Wandering, Majesty, Showering, -Benediction	Clouds
Colours of Life	Rainbow
Flow of Life	Rain

Cheerfulness, Blissfulness, Selflessness, Beauty, Bounty,	Flora
Sweetness, Joy, Fragrance, Hope, Art, Love, Dance, Music,	
Sacrifice	
Freedom, Ignorance, Innocence, Joy, Songs, Faithfulness,	Fauna
Duty, Music, Heroic-Flight, Blissfulness, Carefreeness.	
Freshness, Originality, Beginning, Smiling, Pristinity,	Morning
Virginity	
Closing, Lull, Relaxation, Rest, Soothing relief	Evening
Silence, Stillness, Retreat, Mortality, Calmness	Night

In sum, Nature is a system, a Super system. Discipline, Harmony, Rhythm, evolution, expanding nature and infinity are some of its basic hall-marks. Nature helps and teaches man continuously but man seems to have less inclination to learn. He is even thinking of mastering Nature which can prove fatal. Nature is a great artist. All the arts such as music, painting, poetry, songs, singing, drawing, dancing and all other sweet and fine arts are there in Her splendid show. Man imbibed them by and by. Her treasure is infinite but man has to be receptive to enjoy it. Man has to learn from it otherwise he has to face the music. Take the case of allopathy, homeopathy, ayurveda and Naturopathy. Naturopathy stresses upon

Natural balance between mind and body. All other pathies are leading to more serious and almost incurable diseases, thus forming a vicious circle. It is the tragedy of mankind that science is trying to save man and at the same time to destroy him. It is doing more so for the latter. It is so because science is a product of brain but used by mind, thus its ill-use. Mind rarely makes good use of things. There is only one option open to man that is, to learn to live and enjoy from Nature. It is the panacea.

NATURE –THE SUPREME

‘Even before thinking of any action,

See to it that it is not against Nature.’

“Nature is the physical manifestation of God.” She is all and all is here. Observe keenly and it becomes crystal clear that life is being constantly shaped and affected by Her. Nature is the Only Truth, all others are merely facts. Man can enjoy Nature visibly and practically. It may be said, that Nature is a physical Truth. But man’s eyes are so blinded by lust that he does not see and enjoy the physical form of God. He goes on searching for that very Power which is 24*7 with him? He worships his own made mundane things but does not adore the precious blessings of Nature? As I see, the earlier man was more intelligent than the so-called

civilized one because he used to worship Nature as a token of gratitude for Her blessings. What the present man is doing is that he is minting money by selling Her-gifted (free) precious things? She causes you, She sustains you and She will integrate you with Her. So, open your eyes just now and see and enjoy. Nature is a system, a rhythm, a harmony. Every system acts out of harmony and not out of any fear. In a system all organs functions individually as well as collectively at the same time thus bringing in rhythm and harmony. It is Omni-present, Omni-potent, omniscient and Almighty Force. It is Omni and just. That part of Nature which man fails to understand is termed as super-Natural. In fact, Nature itself is Super-Natural. Thus man should know Nature first before trying to know about Super-Nature. Man himself admits the Supremacy of Nature, when he says in times of grief or when he fails, "It is Nature's Will. It is Nature's Grace etc." Almost all the great men of all the times stress upon the supremacy of Her in some form or the other. It is infinite and abound. It is a great leveller and it is always right. Nature itself is above birth and death even though its objects experience it. Nature is a system and a system knows no birth and death. Though change is law of Nature but Nature of its laws never changes. Evolution occurs due to such nature of Her laws. It is bound by its laws, every system has to be so. That is why she cannot use discretion. For example, Deforestation will definitely lead to floods or famine. Nature

has no choice. She can't help in such matters. A flood causes havocs to all whether good or bad. Oxygen will definitely fan the fire. Such is nature of Natural-laws. Science originated and succeeded due to such nature of Natural-laws. The show of Eternity too goes on due to them.

Nature is "The Trinity". It is 'The Creator, The Sustainer and the Destroyer.' All take birth out of Her laws of germination, fertility and regeneration. Necessary conditions for life's survival too are provided by Her. That is why Earth is described as a unique planet which has such conditions as are necessary for life's survival. Nature provides basic needs for living, such as food, clothes and shelter for man. She has arranged such a system that all other creations get food. Her such system ensures Eco-balance. Flora and Fauna help in maintaining Eco-balance and sustaining life. Modern comforts and luxuries too have been made possible through Her Grace. These have been made possible through Science. All the inventions and discoveries are based on Natural laws. Modern-day facilities which have made life so much comfortable and easy function due to some Natural law and facility. The atmosphere has such layers as have made modern-day Communication, Air travel, satellites and space endeavors possible. Man can do but nothing in case Nature acts otherwise. The basic raw-materials and conditions for the success of science too are gifted by Her. Death is also law of Nature. If devastation is caused by Her

then it is meaningful for the Whole Existence in some way or the other. It is another matter that man curses Her for causing calamities but he does not understand The Whole System. He takes all from his own selfish point of view. But she has to take care of the whole Existence. The modern day minerals owe their birth to Natural Calamities such as earthquakes, floods and other catastrophes. The process of birth and death is necessary for maintaining Eco-balance. Thus Nature, itself a system, has made a system for all to come, live and go and so the show goes on.

But this system is being disturbed by the ever-ambitious, selfish and greedy man. Most of the death and devastation is caused by him. He has also tried to meddle in the process of life and birth too. Today we see that Ecological imbalance is causing so much devastation in the form of earthquakes, floods, diseases, multiple pollution, fires and storms etc. These natural calamities again cause more Eco-imbalance thus the vicious circle goes on and on and on..... Man has disturbed the rhythm and harmony of Nature thus causing Eco-imbalance. Nature itself may be feeling sad on such behaviour of its so-called Super-species. Whereas all other creations of Her always act to keep the Eco-balance, only man is doing the opposite. In sum, all is heaven if caused by Nature otherwise hell if caused by man. Nature is bound by Its own laws. For example, if fire is caused by man then it is nature of fire to burn whatever comes its way

irrespective of good or bad. So, the Onus lies with the super species to serve and save the Nature thus enhancing the beauty of Her-blessed heaven here otherwise he has to face misery and ultimately extinction. 'Man cannot live without Nature even for a moment whereas Nature can very well go on sans him.'

We can now safely say that Nature is supreme. She is the Super and hidden hand. Man cannot know Her ways. So he should not meddle in Her ways. He is paying the price of doing so, But still he has time. He must try to explore the mysteries of Nature but through Her Grace and help. He will not be able to succeed if he bypasses Her. He has got so much so far by Her Grace and help. But what he has got is not even a trifle before Her infinity.

The present-day comfortable life has been made possible through man's labour and Nature's Grace. But nature is so abundant and infinite that man cannot even imagine what he can achieve with Her Grace and help! No doubt, man has arranged all the heavens here but this too is a pigmy by the side of Her infinity. She is ever showering but man has to be receptive and not offensive.

"Nature blesses life.

It sustains life.

It provides all

To enjoy life.

It welcomes back.”

So, ‘Nature proposes Man disposes’. Nature proposes life, a chance to enjoy but man disposes by wasting this opportunity in following superfluities. Nature provides man with the only precious opportunity to enjoy Her-blessed heaven here but he wastes it in other futilities. He even leaves only after spoiling the beauty of this heaven up to his maximum best. Due to his this un-doing all seems to be hell here.

ALL IS HERE

“ Hell or Heaven, all is here

Enjoy life as it is

As nothing is over there. ”

Life is the precious gift of Nature, mostly wasted by man. Nature has arranged all the heavens here and that too for all but man’s life style has turned it into a virtual hell. Nature has showered all for all. Even our cherished Heaven over there may fall short of the heaven here. Man visualizes materialistic comforts even over there, then why not to enjoy them here and just now when these are at hand? Why to postpone? You may find no moment after this moment. You will be losing physical and mental health every moment. A moment will come when you should not

have these two on your side, even if you wanted to enjoy life. The whole health is vital for enjoying the beauties of life. So, don't wait for tomorrow as tomorrow never comes. Man is always busy here not sparing any time to enjoy the beauties of Nature and life. Even when he goes on some excursion even then he is not enjoying but is lost in some worldly futile futilities. He is to achieve this and that and what not and repent too but too late. All his ambitions are bound to culminate in misery. Where does the cause of his such state lie? Surely, it lies in himself alone. He has ill-conception of life. Mostly, man hates death but does not love life either. He has wrong notions about it. 'The arithmetic of life is very simple but made out to be complicated by him'. He is always lost in some or the other lust thus wasting his precious chance of life. Lust is always insatiable and is the mother of all the ills. Has man ever been blissful by pursuing some lust? No, a very big one at that. 'It is man's wont to run after some lust at first but to run away from the same after having it and again to run after some other lust thus being caught in his own-woven web'. In this way, man is lost in some intoxication or the other as he can't live sans any intoxication; the degree or form may vary. He wastes his precious energy in this 'dog's mouth and tail' fashion. The energy which could have been used to make this life festive is wasted thus. At last, he exhausts and exits. Life can never be a celebration sans energy. Man can be blissful but only by living as per

his own Natural-self. But man is so conditioned even from conception as to live just the opposite to his original-self. To live as per his Nature is man's nature. He starts from blissfulness but ends up in misery. Observe a child. It is so innocent, blissful and Natural. It is like a clean slate. But as it grows, it is taught the art of losing that Heavenly-bliss. As per Natural law of growth, the blissfulness should have grown with the growth of child. But it is not so, why? The child has been distanced away from his very source. He is taught the art of losing himself in worldly futilities. Thus he grows to be selfish, cunning, lusty, ambitious, egoist and what not. He is prepared right from the word go for all this stupidity. He begins to run after money, power, prestige, status and so on. It becomes his ideal goal in life. He wants to have all here and even over there. He merely wants to have and not enjoy. Actually, man feels at some time or the other that all is here but is not ready to live so. He is so lusty that he wants all and that too only for himself and that too eternally. He devises many ways to get Heavens booked in advance even over there but that too only for himself. What a pitiable creature indeed! All other creations of Nature enjoy the Natural heaven here and just now but for man. That is why they live and leave blissfully. Both, their life and death are meaningful. They serve Her while living and even after leaving. Blissfulness is manifested on their faces. They themselves are bliss. They know the art of living, leaving and serving.

They know that life is a one time precious gift of Nature which is not meant to be lost in petty nothings. They live only in the present moment. They have no futile plans. They enjoy and let others enjoy. They are but just Natural. That is the secret of their physical and mental health and the whole health is Heaven. If man is to be blissful then he has to learn the art of living and leaving from Nature itself.

For this, at first he has to take life as a one-time precious chance gifted by Nature. Even if it has to be supposed even then it is worth-supposing. Even the present life-style too is based on assumptions and suppositions. The idea of Utopian Heaven elsewhere is also a supposition, is not it? The present life-style of man is fashioned by this supposition. And here man has erred. If thou are to suppose then why not to suppose that, which is practical and not merely imaginary? Man cannot learn to live in the present moment without taking life as a one-time precious chance gifted by Nature. Almost all the great men have stressed upon the art of living in the present-moment. But man always wants to dabble between past and Future. It needs no efforts and it also sustains his ego and lust. To live in the present needs effort. He can definitely be liberated from the shackles of Past and Future but only he himself can do it. For this, he has to take life as a one-time affair otherwise he will never be freed and will be going on losing himself in the process. He takes the shelter, sometimes of Past and

at other of future, in a vain bid to satiate his insatiable lust. In doing so he wants to escape reality and responsibility. All this is the wicked game-plan of mind. Of what use is it to go on thinking; from where had you come from and where will you go? It is all superfluous and stupid. "Thou have appeared out of Nature and thou shall disappear in Nature." Why are thou worried then? Nature itself takes care of all this. Thou know it very well but are not prepared to accept it. It needs a break and death of thine mind is definite if you accept so. Thou don't want the death of thine mind and that is the only problem. Life is not a matter of thinking but it is an opportunity of enjoying. Life itself has no meaning but it can be made meaningful, if man learns to live and leave blissfully. It is easy to pass on the buck, sometimes to the Past and at others to Future, whereas to live in the present requires effort. To live in the present means to enjoy life as it is and to try to do your best in the given circumstances. It does not mean compromise but it means to make best and full use of each moment, to live totally. Life is a sum of moments. When each and every moment is not wasted, then life too, as a whole, will not be wasted. Remember, this moment will never be again. To live in the present moment requires practical and positive approach towards life whereas past and future visualization is purely theoretical. "The practical is always hard but fruitful." In my view, it is easy to live in the present than to live crushed between past and future, as it is

Natural; but it needs sacrifice. Man is harping on unnatural ways by living sandwiched in the past and future reaching no where. He has lost himself in worldly mortal pursuits. Man can never be blissful with materialistic gains, if that would have been the case then man should have been blissful up to now, today he has all but blissfulness. His misery too is on the growing path. Today science has arranged all the comforts that anyone could not have even visualized in Heaven sometime ago. Then man's life was full of hardships. Ask the living people of those times about their life. The response will be, "There was no facility then, we had lived a hellish life; today man has all those facilities and comforts and even much more than the earlier man used to visualize in Heaven. Today man has such comforts as he had never visualized even in Heaven." But have these comforts brought blissfulness to man? Certainly not. It may be said that man was more joyous then; even though he had fewer comforts. The reason, man has lost the whole health that is physical and mental and whole health is Heaven. He can regain it only by learning to live in the present practically and not merely on the paper. So long as he lives clinging to the past and future for his own best reasons, he can never live and leave joyously. But it needs a hard break. It is very simple arithmetic, Today itself will become yesterday and tomorrow too will become today. So all depends on Today. Then why not to beautify Today which is the foundation of yesterday and

tomorrow. In fact, past, present and future are mere measurements of Time invented by man himself for his convenience. Time always flows. It never looks back or ahead. It is just happening, so, don't measure it but enjoy it. But it does not mean that man should not enjoy materialistic comforts. He must do so but only by earning them. Blissfulness and affluence are complimentary to each other. Affluence is the first and vital step towards blissfulness. The meansless will find it difficult to learn the art of living in the present moment. All his precious energy is wasted in arranging the three basic needs of food, clothes and shelter. He will not be able to rise above them. Thus, at first man should have at least enough to keep 'the precious gift of Nature' going. Only then he can think of learning the art of living. But he should not be obsessed with materialistic gains and comforts, as obsession always leads to hell. He should work hard to earn and enjoy all here as per his physical and mental capabilities, as these comforts can only be enjoyed in this very life and that too only here and just now. I have read about a future imaginative tale. Mr. Bill Gates, The Chairman of Microsoft, steps on to the gates of Heaven (Utopian). The security officer there recognizes him instantly. He informs the Head of Heaven. The head welcomes Gates but apologizes for not being able to provide such facilities and comforts as he has arranged there on earth for man. The Head requests him to return to Earth and work there to beautify

the already existing heaven over there. This is merely symbolic but down to earth narration. One who cannot enjoy life here is not expected to do better even if somewhat exists somewhere else. Those who fail to enjoy here, visualize to enjoy over there but the comforts remain the same. The imaginative physical presence of Heaven elsewhere has taken away the potentialities of the present life. It has killed creativeness in man. He has become lethargic, idle and a virtual parasite. He has committed many serious follies in search of heaven elsewhere. Recently, about 39 people in U.S. tortured themselves to death in a vain bid to be in Heaven somewhere else. In my view, to lose such a wonderful gift of Nature that life is, is a hell in itself. If there is somewhat elsewhere, even then life is the first and vital step to reach up to the last rung of the ladder to that Utopian Abode. Nothing is hell or Heaven but it is a state of mind. Everyone takes with him his hell or Heaven where ever he goes, whatever he does. Some can create heaven out of hell and some vice-Versa. The same situation can be hell for one and heaven for the other. For instance, two shops of different persons are gutted in fire. The first one is in a mental shock while the other is jubilant as his shop had been insured. Man's reaction in the same given circumstances decides the hell or heaven. Those who cannot enjoy Present, waste their precious life in anticipation of future. To live in the Present also teaches man how to adjust life in the present given

circumstances. As circumstances go on changing, the solutions of past become obsolete. Solutions can never be planned in advance. Past and future solutions create more incurable problems. To live in past and future is impracticable as life is practical which can be fruitful only by living in present, all other is just theoretical. Man will be more successful as well as blissful by living practically. Theory is only for the idlers. Only those are optimistic who know the art of living in present. One who lives clinging to the past closes himself which is a form of severe pessimism. Similarly, one who lives in just imaginations is also a sort of pessimism, as he is living on utopian idea because he is not optimistic about the present. Man is good and can be more so if he lives free of was and will. But man does not want to live with reality or you may say that he can not live with reality. He himself wants to live in illusions, which lead him but to misery. Once he learns the art of living with the realities of life, then there is all heaven. The definition of hell or heaven is subjective and timely. When man is in grief, he feels to be in hell; when he is in some joy he feels to be in heaven. It shows that hell or heaven have no physical presence but are just human feelings. Life is a game of loss and gain, joys and sorrows. Nothing is immortal here, all goes on changing. Every night has its morning too. So, man lives in the alternate bouts of joys and sorrows, thus reacting accordingly. Only the art of living in the present can help him to remain

evenly poised in joys and sorrows. Only this moment is yours, so enjoy it fully. You and this very moment will never be together again. Heaven is just here and now this very moment but it needs awakening. Most of the problems will automatically vanish if man learns the art of making good use of each and every moment. Most of the miseries are caused by man himself. Heaven too has to be earned and not merely visualized. All the sweet things in life have to be earned and that is why they are sweet. Thus always be in the present and leave all other to Her. Then life and death, loss and gain, mine and thine etc. are but nothings and all seems to be Grace of Her. Thus enjoy each and every moment of life as this moment will never be again. Don't pretend or postpone. Let's us try to turn this very world into a living Heaven rather than merely visualizing it somewhere else. If heaven is offered over there in exchange for the hell or heaven here as it is, then decline the offer and enjoy the hell or heaven as it is but only here and just now. Whole Freedom is heaven and don't exchange it for anything. "Liberation is salvation." Enjoy life even though on the supposition of it being the first and last chance, even such supposition is well to be supposed even at some risk. Enjoy does not mean, free for all. It means to make good and full use of each and every moment, to rise above loss and gain and joys and sorrows. To be just Natural and neutral and not to hurt anyone's feelings in any way. Enjoy and let enjoy but only as per

surroundings. Enjoy as all other Natural creations do. Life will be a festivity only if all celebrate it. Man cannot be joyous in vacuum. When man has a positive attitude towards life then nothing can be hell and all is heaven that I am sure of. Hell or Heaven lie in the mind not any elsewhere. In the quest of Utopian Heaven over there man has so distanced himself from himself and from Heavenly Nature as to turn life on this planet into a virtual hell. In fact, man always tries to arrange heaven here and even over there but only for himself ending up as a hell that is why he aspires for Heavens elsewhere.

“Earn as per thine physical and mental strength

spend as you like up to eighty percent.

Always live in and with the present

Thus live and leave well-content.”

“Enjoy, enjoy as much as you can

Suppose thou are never to be again

But do so only by and within your means

And by your own earnings.

Enjoy life as it is

And don't have futile yearnings.”

“Except Nature all will forget you

And all will remain here.

Thus nothing is beyond there

All hell or heaven is but here.”

“Those who cannot enjoy life

And fail miserably here.

Are not expected to do better

Even if somewhat exists over there.”

“Take life as a one time chance

Enjoy it through love, laughter and dance.

Hell or Heaven, all is here

Always be cheerful and find sometime to spare.”

“Rebirth is, but only in this very life

And not any otherwhere.

Live an awakened life

And see, all is here.”

“Thou enter empty, thou shall exit empty, Then what to lose but only to gain. Hell or Heaven lie in the system. Nature hath showered all on man.”

“Thou are born unique, Live as per thy own-self.

Thou will become split and broken

In thine vain bid

To live as per other-self.”

“Endeavour to be affluent and joyous here

And leave for the other whatever else is over there.”

“Enjoy hell here and hell with Heaven over there.”

“Positive attitude towards life is heaven and negative one is hell.”

“Of what use Heavens over there for those who suffered hell here.”

“The ill-mind is the best form of hell,
The more it is, the worst the hell will be.”

“All will go on even better
After thine exit
So, don’t take thyself
As an axis.”

“Always remain just like a child
Ever full of surprise and wonder.
Then all will seem to be heaven here
And thou need not have to look Yonder.”

MIND THE MIND

“ Man is born good but

Mostly dies the worst ”

Mind means memory, remembrance. Mind is always minding. The basic difference between man other species is the presence of mind. It is both blessing and a curse. It is a two-edged weapon. Heaven, if well conditioned, Hell if ill conditioned. In fact, conditioning itself turns brain into mind. All creations are blessed with brains by Nature. It is an analytical organ. It is a very complex organ which functions as a controller. It acts and reacts in the face of given situation. Life cannot go on sans it. It is like a clean slate except that of genetical traits. Except man, all other creature live almost as per their brains, thus blissful. They act and react as per Natural-laws. They live as per their nature. The behaviour of creatures of the same species in the similar situations is almost identical. They live and die almost with their Natural brains, thus living and dying blissfully. They live and die naturally and always feel graceful to Nature.

Man is the only creature whose brains are conditioned even from conception. The genetical traits of some generations of parents go on percolating down the in-coming generations. It had been happening since ages. So every child inherits some traits of his parents. This process of hybridization in each case gives birth to a unique child. Here lies the secret of uniqueness of all. Thus the Natural show of variety, versatility and

splendour goes on. Though this process of regeneration is also the same for other creatures yet the difference is there. Man is a thinking machine whereas other creatures are not so. That is why all other creatures are almost alike from generation to generation in terms of nature of brains. So, they are as per their Natural self. They know less ills of life because of being so, but man is a pitiable creature in this respect. After birth, he remains somewhat as per his natural-self in the beginning. So, he is blissful and innocent then but after some time he is begun to be moulded into worldly things. This process is too fast. Soon the child begins to lose his Heavenliness. So much is imposed on him that after some time it is nearly impossible to find his Natural-touch. His Natural-blessed brain is converted into mind by imposing all on him. Thus brain is a Nature gifted Super-computer whereas mind is a worldly floppy. Mind is nothing but conditioning of brains.

All kinds of meditation and other spiritual ways are aimed at regaining that Natural-self of childhood. Some people succeed too and regain that touch because conditioning reacts on them, as their natural-self is not fit to the worldly ways. Such people are really rare and great. Those who succeed in regaining their Natural-self, automatically distance themselves away from the ills of this world. Their whole life becomes a prayer and a pilgrimage but such people are almost rare to be found in this

madding crowd. If there are some, they are either unknown or made to suffer, if known. But they are ever blissful even though they may have to suffer as per worldly norms. Here, 'The term civilized too denotes the higher degree of conditioning and those who are less-conditioned are termed as uncivilized. Mostly man's conditioning goes on growing with his growth thus taking away all his own-self gradually. In the process, he is almost lost in the follies of this world. That is why he begins to repent on it in the last leg of his life. He comes to know that he has lost all for nothing. He started with a treasure but is going to end up as a pauper. It is said that man is like a child in old age. He tries to gather glimpses of childhood. Even some people show physical changes too matching the child. Physical and mental health are supplementary to each other, thus this change. Coming back again to childhood, the child is moulded so as to kill his creativeness and fit himself into the worldly set-up. Slowly mind takes the place of brain. The basic tragedy of man is that he has to live with a given-mind and that is the only reason for man's miserable plight. All are going on repeating the same sad sordid drama of misery, why? The child is cultivated so from the very beginning as to get more money, power, status and prestige. The stamp of caste, creed and identity is indelibly marked on his innocent-self. In the process, the child ends up as a ruin. Man can be successful and blissful too, if he is groomed as per his natural traits. At

first, his Natural innate special trait should be recognized and that should be propped up. Some people still groom their Children as per their basic traits. Such a child comes out to be more successful and happy. But even their grooming too is done with a motive to gain money and prestige thus lessening the joy in that child's life. Tiny countries like South Korea create excellent sports-persons. They at first recognize the potentiality of the child and begin to tend him as such. It is interesting to note that it is easier to groom up the child whose original interest is known first. He needs but inspiration. Mostly, children are forcibly taken away from their own-self. It is difficult as child has to be groomed up against his natural-self. In the process, he is totally broken. Two men came to a music master. They inquired about his charges. The master asked the first person whether he knew music. The man responded in the positive. The second one said. "I don't know even A.B.C. of music," Then the master revealed his fees. He demanded double the fees from the first one. The first one was puzzled. He clarified that as he already knew somewhat about music, then how is it that I have to pay in the double? The master then spoke thus, "Your friend is a clean slate, anything can be written on it but I have to erase first the ill-got stuff from your mind, that is why the double the charges." This episode tells us about the irreparable damage done to the innocent child. Whatever has been imprinted on him is hard to be erased afterwards. It is nearly

impossible. So, it is a very delicate issue but no one ever cares to follow the child. The same story of imposition is being repeated again and again. Some exceptional people are able to find their brains through their life-style. As one lives, so he becomes in the process. Such people live and leave joyously. Science says that only about ten percent of original brains is used by man, the other remains unused. The tragedy is that, that ten percent too is conditioned incurably right from the word go. Thus man's plight can very well be imagined.

Man can't escape conditioning as he is a thinking machine; but conditioning, though based on conditions, too can be ill or well. ILL-mind is the real hell whereas the well-one, the heaven. The hell has always been caused by the ill-mind. There are numerous instances of it. If there is somewhat balance somewhere, it is due to the presence of some well-mind, though a rarity. The holocaust of wars, menaces of multiple diseases and pollution, abject poverty, unemployment, plight of child, old, and women, presence of so much mistrust and misery and all round frustration are some of the examples which testify to the fact that man has erred somewhere in managing the Natural-arranged heaven here. All this chaos is caused by the ill-mind.

There are many recent instances which show that there is somewhat presence of well mind here. It has helped in lessening the degree of hell

here. Border pact between Russia and China, unification of Germany, formation of European Council, end to apartheid in South-Africa and efforts to unite Korea are fine examples of the well-mind. Globalization is leading this world towards a single entity. In my view, there is no such problem as cannot be solved through negotiations and mutual understanding. In fact, all the problems are solved, at last, on the table. Then why to take course to other methods? Solve the problem at first in place of at last. Love is the only panacea. The world is moving slowly towards a single entity and that is a good omen and it is the only solution. So far stress has been on to have complete control on mind or to completely do away with it. In my view, it is almost impossible and unnatural too. No one can ever tame mind fully. What man can do, is to cultivate a well-mind. It too is hard but good if so happens. The brains of other creatures too are somewhat moulded but only as per Natural-ways. Nothing is imposed on them by their fellows. Man enters there too. Those creatures who live in his close proximity too are somewhat conditioned by him. So, they seem to be less blissful than their brethren who live far away from man in the lap of Nature. Same is the case with man. Those who live in the lap of nature are less miserable than their brethren who live amidst the madding crowd. See the tribal people of hills and you will be convinced. Here too, man has the twin-benefit. Whereas brains of other creatures are less trained or nil trained, man can

have the blessing of well-trained mind. Other creatures, no doubt, enjoy life more than man but they do so unconsciously due to their such nature of brains. Man can enjoy consciously and it is special Grace of Her on him. He can enjoy life only if he has a well-cultivated mind. In this way, he will let others also enjoy life. Such a mind is an asset to 'The Whole Existence'. It will enhance the splendour of Natural-blessed heavens here. It will beautify the living-paradise here. All other creations of Her too can enjoy if they are not disturbed by the ill-mind. Thus man is the axis. Well-mind is essentially Natural in essence. But it is not man's own choice whether to have a well or ill-mind. He gets it from others especially from his parents and surroundings. That is why the child often follows such a life as that of parents and surroundings. So, he has to live as per given-mind; Only brain was his, which now is mind. But all is not lost yet, much of the brain is still left untouched. He can regain some part of it by living as per Natural ways. Though much of the conditioning is done by others yet man can himself turn it into somewhat well-mind by his life-style. But it needs sacrifice and a hard break. Such a man may have to face many problems at the hands of the otherwise world.

As man is going on getting pre-conditioned mind thus he is becoming selfish, cunning, hypocrite, greedy, egoist and what not? He has turned out to be stubborn and incorrigible. He has turned out to be an

unpredictable species. He too himself is to be blamed for such a sad state of affairs. He is accustomed to the old so much that he dares not to do somewhat new. It is convenient to follow but difficult to have a break. It needs courage. The conditioning of mind leads to superstitions and blind beliefs, thus killing creativity in man. Only creativity and not destruction can lead to blissfulness. Man can have a well-mind but only if he has the inclination. In doing so, he has to forgo his greed, self and ego which are the parent of all the ills and so-called vices. The so-called vices of anger, greed, attachment and ego are but natural because they are a must for survival as well as enjoying the beauties of life and Nature. These are in-built in the other species too. Nature gives nothing useless. I would like to keep sex in the category of senses because it is inborn like the other five senses, hence six senses and four so-called vices, sorry-one more undoing. Is there somewhat more sensitive than sex? All other creatures too have them, these are in-built. These go on going from generation to generation. Other creatures don't use them intentionally but naturally because they have brains and not mind. They make use of them only for survival and regeneration. They do not use them for getting money, power, status and prestige. They have no ego to be satisfied. Man, being ambitious and selfish, makes ill-use of them. All the activities of the senses and vices are directed by mind. These are bound to be used so till mind is

not well-trained. Probably English word 'MAN' might have been taken from Hindi word 'MAN'. 'MAN' in Hindi means 'mind' and not 'heart' as is mostly followed. It is also a game plan of mind to confuse it with heart. Mostly mind is identified with heart but it is not so. Heart is simply an organ which acts as a pump. Actions of all the organs of body are directed and controlled by mind. Thus 'man' means 'mind'. That part of brain which remains unconditioned is conscience. For example, whenever a man thinks of any ill-action, at first there is a civil-war like condition in his mind, whether to do it or not? This is a sort of fight between brain and mind, which means between conscience and mind. Mostly mind wins it as it rarely affords to lose. The well-mind and brain (conscience) can make a good synthesis. Mostly man confuses 'The voice of conscience' with that of voice of heart. Man is essentially good by Nature, so sometimes he finds his Natural-self when he is going against his nature and Nature. It is but natural and good too otherwise all would have turned into hell here up to now. Brain sustains the heaven here.

So far stress has been on doing away completely with the so-called vices. It too has been repeated that man falls slave to his senses. These are vital to sustain life and also make it festive. Life cannot go on without them. These are the beauties of life. When any one of them fails, then life becomes crippled, a curse and a burden. These are vital for enjoying the

naturally-blessed heaven here. Other Creatures too have them and they too make their identical use as compared to man. Man has the benefit of using hands but some of the creatures too take the work of hands from their other organs. The difference is that whereas brain controls the functioning of the senses in other creatures, it is done by mind in case of man. Brain controls them in man too but is directed and guided by mind in doing so. Thus mind is the master whereas senses a slave. 'thus man is slave not to senses but to mind.' Senses themselves don't do ill or well. For example, take the case of eyes which is the most sensitive of the senses and doorway of mind. These can see beauty or ugliness in a thing as directed by the Black-Box. That is why it is said that beauty lies in the eyes of the beholder. The same very eyes see the different women from different angles depending on worldly relations. Mind tells them to differentiate between your own ones and others. If the woman is poor then eyes will see her differently, if mighty and rich then from different angles. Mind bows to the might, power and riches but wants to exploit the poor and hapless. Thus eyes are the window to the mind. This is the case with all other senses too. Mind is the doer, they act merely as tools to it. Same is the case with the other vices. They too are controlled and directed by mind. That's why my whole stress is on nature of mind, as all depends on it. So, if man wants to make good use of senses and the so-called vices, then there

is only one solution that is well-mind. One thing is certain that senses and vices are always active, thus they can't be ceased but can be well-directed.

It is impossible and unnatural too to suppress them. In a vain bid to suppress them, man begins to be obsessive and obsession is a sure hell. Suppression and repression lead to unhealthy outlets, as energy always needs and finds some outlet. Remember, man is an immense energy. Energy can never be destroyed but it can only be but transformed. Every energy leads to heaven if well-used otherwise to hell if ill-used but lead it will definitely to either of both. It is up to man what he chooses. Life itself is an energy and it definitely flows to somewhere, ill or well, as it is always flowing. Senses are the outdoors of energy. If the outer-flow is Natural then energy revitalizes otherwise it is poisoned. All depends on the set of mind. Suppression gives birth to unhealthy dreams, imaginations, illusions, hallucinations, many other related ills and other utopian ideas. What are dreams? Suppression finds an outlet in them. The conditioning of mind also helps in the birth of dreams. The nature of dreams reveal the set of one's mind. Dreams are formed out of suppression or conditioning of mind. Whatever is suppressed is manifested in dreams. If a child is frightened of something in childhood, it will be manifested in his dreams in later life. Most of the dreams are related to routine life and these are based on your life-style and perception of life. These are instant dreams. Some dreams have

their roots in childhood of which man has no conscious memory. Such dreams are based on man's conditioning from the beginning. 'Beginning itself almost decides the nature of end'. "Mostly, man lives a pre-chartered life. Man's actions and reactions in life remain based on the nature of his grooming." The so-called fortune-tellers just study the grooming and surroundings of a person and then seem to be telling right things. They know the nature and psychology of man, his ambitions, him self, his greed, his ego, his envious nature and so on. So, they touch the right cords which seem to satisfy man's ego and so their profession fructifies. The destiny i.e. destination is decided at the very outset. Thus childhood is the most important period of life. But who cares? All is lost in this or the other mad game. So, child too is made prepared to follow the same game, same route. No one cares for his originality, individuality and freedom. In fact, the whole system is against the child. In the process, his natural-self is snatched away and worldly-grafting is done on him. Thus the game of misery goes on, on the formulae of multiplying. Something has to be done to change this pattern otherwise the life of man will be begun to be taken not as the best life but the worst one. Even today man envies the life of Flora and Fauna. In the deepest of his brains he curses man's life and aspires such life as theirs- carefree and worriless. When man fails, then Nature begins. Science is such a natural process as can step in to save the

situation. Then Nature (brain) works and not the mind. I have read that much work is in progress on dreams and sleep, as most part of man's life, that is almost one third, is spent in these two. Sleep and dreams will be as is life and has to be taken care of since the very beginning i.e. childhood. So, science should use most of its energy on childhood which is the foundation. Take care of the seed. Science has, no doubt, turned this planet into a living-paradise but at the same time, it is being used mostly for destructive purposes. Now the time has come for its constructive use. The present day child has all the modern facilities which were not available sometime back. So, now is the right time. The original Natural-traits of child should not be disturbed. Nothing should be planted on him. Only his Natural-self should be exploited fully. His brains should be made good use of. Science has improved physical health standards and now it should endeavour to improve mental health also. Such a child as having healthy physical and mental health will prove to be an asset to The Whole Existence. This is the only alternative otherwise it will be too late. The child groomed as per his natural-self will grow to be more successful as well as blissful. He will know no caste, creed and other ills of life. He will rise above such superfluities. Then there will be no need of offensive ways. The present-day miseries generated by mind such as violence, jealousy, multiple diseases and pollution, distrust, natural calamities and other

lunacies will automatically vanish. Science and society should take care of only child and leave all other to Nature and She is always just and showering. But again and again all comes upon man. Science and society too are in man's hands. Thus all depends on man and he has to be pragmatic and realistic otherwise there is no way out. To take care of the child is the only reality before him. One of my friends is very affluent. He has everything, what man can have here but happiness. One day I went to attend an evening party hosted by him. All were enjoying at his cost but for he himself. He was sitting on a corner-table all alone and scribbling something and appeared to be sad. I went to him and inquired of him the reason of his sadness in spite of having all of which I can never even dream of. He told me with a choking voice that he wanted to be a painter but happened to be a businessman. "I have gained all but lost myself." I picked up the paper from the table and there he was painting his life-journey. I too felt much for him but the damage had already been done. Before it, I used to imagine that if I would have such affluence, I would have been too happy. But now the curtain has gone up, the fog disappeared. This is not an isolate story but it is of whole mankind. Ask anyone and the same as above will be repeated though differently. Such opposite grooming has taken away the interest in life. It has become a mundane affair, it seems to be a burden, a curse, a sin and so on. A poor

one can be less miserable than a rich one, if he has some of his natural-self intact. If affluence and man's natural-self can go together then all is heaven here. But what is happening? There are square pegs in round holes all around. It has hindered development and growth too. Man is not being able to show his worth. He can show his worth only in the field of his interest and liking. Where man is put into work as per his physical and mental strength and interest, there follows only success and joy. It all depends on the nature of conditioning. If man is to be less miserable then he has to tame the most stubborn of the vices that is greed and ego. If a choice has to be made between these two, then I am of the view that greed is the most stubborn and incorrigible one. Man cannot escape the use of senses and the so-called vices. What he can do is to make good use of them and this needs a conscious approach towards life. Now I shall take the so-called vices one by one.

Sex, in my view, is not a vice but is a sense. It is basic source of energy. It decides the nature of flow of energy for other senses as well. See the difference in their functioning before and after childhood. Why are old people, reminiscent of the sweet memories of childhood and young age? Then they had energy which they themselves had wasted in an ill-manner by pursuing the calls of senses i.e. mind. I will like to put it in the category of sense. It is naturally in built whereas other vices are planted in

the brain afterwards. Without it, the show of life will cease. Sex is vital for regeneration. Eternity sustains on it. Life itself is the 'Soul' of life as the show of life always goes on going. One goes but leaves his off-spring, thus the show goes on. Can this beautiful show go on without sex? All the Natural gifts, man enjoys and also those which are essential for man's survival, take birth out of some kind of sexual activity, man understands it or not is immaterial. All Flora and fauna regenerate through this process. Rain is also a kind of sexual act. Many kinds of species and vegetation are generated by it. So, sex is the source of life. The whole existence is such as go on regenerating. Who can know Her ways? It is better not to try to meddle in Her ways. Take only the case of man. Family is the primary unit of the worldly system. Most of other creations too have some sort of family-like arrangement. Man is basically a tribal creature by nature and family puts good restraints on him. He learns many sublime things while living in a family. It works as a door-way to blissfulness. Man will never work hard without it. He will become a homeless wanderer. Man needs an atmosphere where he can work hard and enjoy its fruits and family provides him with such an atmosphere. The present day comforts and facilities are products of labour. Success of science too is based on this institution. Man alone could have achieved nothing if his basic daily necessities are not provided by family. He needs food, clothes and other

things in time and care and attention as well. Someone should be there to take care of home and children. Thus he earns and family preserves it. Child is Nature's best creation which visits this planet out of system of regeneration. Thus man finds an opportunity to serve the best creation of Her. Man without woman is partial thus he learns many important lessons of life while living in a family. He learns compassion, co-operation, care and attention, understanding, sacrifice, sharing and much more. Thus family is a vital step to enjoy life and serve Nature. In this way, man plays an important role in Her show of Eternity. Senses and so-called vices do not function at their own but are governed by mind. Thus what is needed, is good use of Natural-given senses and worldly planted vices. It all needs a well-mind. Sex has some Natural, social and legal checks on its ill-use. It weans away with growing age. Man is a social creature, so he has to adjust himself to the surrounding social clime. Family too is a social and pious institution. Thus man has to abide by social rules and regulations. Society has certain legal laws to maintain decorum and order. These laws act as a preventive and deterrent measure. Fair knowledge of human biological system can help man to get rid of ill use of this vital, primary and basic energy which can be transformed into positive creativity. All this needs right preparation at the right time. Thus sex has many check-points and mind knows them well. Ill-use of this vital energy poisons the nectar of

life. It poisons the social life and health as well. If preserved and conserved, this energy leads man to some other positivities and creativities of life. So, don't waste it as a pleasure but preserve it as a treasure.

Then comes anger. It is also necessary for survival. Man has to struggle in this show of life. He has to fight for right. Other creatures too do the same. Without it, man can become anybody's cup of tea. He will have to lose his individuality and freedom. He has to compromise at the lost of his principles. Even he has to lose his natural-self. Thus anger too is a Natural instinct. It is good as to fight for right but worse to snatch anyone's right. Blind, meditated and planned anger is suicidal. All the natural instincts are good if act Naturally but worst when used in a planned, minded and meditated manner. It too has checks on it, social, legal and others. It begins to disappear if man ponders over it for sometime. The after effects of undue anger result in punishment and other loses. There are many social norms and regulations and also legal remedies to check its ill-use. Many a lives are completely ruined by its ill-use and mind knows them very well. Mind always follows gains and avoids loses.

Attachment is also related to the institution of family. Both are complimentary to each other. Man works hard and remains social due to it. The institution of family survives on it and remains healthy due to it. The sense of attachment brings good virtues in life. It enlivens the otherwise

dull journey of life. The show of life goes on due to it. The benefits of family are also the benefits of attachment. If family atmosphere is amiable, then all the surroundings will have the same fragrance in the air. But attachment should be of mortal nature. Every one in his life comes to know of it but even then he ignores it. Man begins to feel at some time or the other that all is mortal and he too will be no more. It is only a question of time? If man perceives life reasonably, then he becomes certain about it that all will remain here and nothing will accompany him after the end. 'So, the more the man is attached, the more he suffers.' Man knows it very well but here too ill attitude towards life becomes a hindrance. It too has checks in the form of loss and death. Mortal nature of all here teaches man the lesson to have attachment of mortal nature. 'Mortality is essential or eternity.'

Now is the turn of ego. It is one of the most stubborn of all the vices. Ego comes between man and blissfulness. It is painful to do away with it, almost impossible. Man seems to be not to survive without it. Most of man's actions are aimed at satisfying his ego. Ego goes on changing forms but it remains. It is like an amoeba. Once a rich man escaped to the jungle after saying good-bye to all his riches. He remained there for many years. Then he met a saint and told him that I have left all since many years back. The saint retorted, "Yours this ego of leaving is worse than the previous one of having. In fact, the pain of leaving all is still there." Most of the

jealousy, envy, malice, hatred and many other evils are by-products of satisfying ego. Man cannot do without some degree of ego. He wants credit for doing something. It is nature of man. Ego inspires him to do even more and yet more. Even most of the good deeds of man too are aimed at satisfying his ego. Whatever fruits of science man is enjoying are also the products of man's ego. But ego as a supremacy is bad. "I" is not as bad as 'Only I'. Man works only due to it. Nature is a deterrent to it. Man has to bow to Her at sometimes or the others. He has to surrender to Her will. Then he comes to know of the futility of his ego. Man is but not even a trifle before the infinite universe. He has no place on Her map. Then what to be proud of? Ego too begins to wean away as death begins to knock at the door. Loss and death too belittle it. Ego too is belittled when it comes in to clash with the ego of the other. When egos clash, then only death and destruction follow. If man tries to know that his ego is a barrier between he and his natural-self, then he will move into the world of humanity and humbleness, thus a festive way of life.

The vice of greed is the mother of all the ills and even of all the above taken vices. 'Greed is hell'. Other vices have some virtues of their own in helping man to keep on with life. Greed is a hindrance to life, it poisons the nectar of life. It makes man blind and turns him into a Satan. Man is not so bad but greed has made him out to be as such. Most of the

ills are parented by it. It finds life even in death. Whenever some one near or dear dies, even then man is working out economics out of it. Even people at the death-bed do not leave it. An old man was dying. All his four sons and his wife were by his side. When he came to know of it that all his sons are sitting by his sides, then he said, "Oh! Stupid sons, who is tending the shop?" Such is the nature of man. Man's own impending death is unable to check this menace. It is almost rare to find such a person as have no greed. Most of the crimes and ills are its by-products. Its contribution to convert this virtual heaven in to a veritable hell is substantial. It is men's won't to gather even dust. Visit any house and see what rubbish and useless things are preserved there. Even any beggar would not like to have them in begging. "Man goes on clinging to things oblivious of the fact that things won't cling to him when he will be leaving". "It is also true that man works out of some greed. It is but natural. All other creations too do the same but they do not pile up blindly and indefinitely. They too store but only food and that too very little. They store only for emergencies because who knows Nature better than them. They know that stored food will be of use in rain, storm etc., they do not pile up or snatch for sport. They do not gather rubbish things. "Gatherings always decay and lead to decay". Take, manure. If you go on gathering and gathering it and piling it up and do not use it, then it will begin to give odour and will lead to

many diseases. But if it is used in the field, then a rich crop follows. It leads to blossoming and fragrance and of course to joy. Man accumulates by nature. He gathers inwardly too. He gathers such a rubbish and garbage as make him a crowd, a multitude, a chaos. Gatherings do decay, so man should always be open anew. At first he should work hard for food, clothes and shelter. After that, he should “work hard for everything but run after nothing”. He has every right to enjoy earthly comforts but only earned ones. “Though comforts themselves are not joys yet these are prerequisites for enjoying life and only money can buy them”. Man should earn as per his physical and mental strength. He should earn and spend as per his capability and ability. ‘Earn, eat, drink and be merry.’ All are not equal by nature. Some may earn more, while others less. He should save also but somewhat for emergencies as it is the requirement of present-day fast and individualistic life-style. Remember, there is much difference between saving and piling up. Man should also spend on serving Nature. He can do so by serving Flora and Fauna. Such a life-style can liberate him from the clutches of the pernicious ill of greed. He should understand the futility of his obsession for getting more and more and by all means. No one has ever acquired all the things on earth. It is but impossible. Man goes on changing his goals. When he gets something desired by him, then he desires something else and so the vicious circle goes on and on and

on..... Man dies but not his desires. No one has died satisfied even after having all too much. Greed and selfishness are the two sides of the same coin. These are complementary and supplementary to each other. Greed has almost no check on it. Man can lessen it by living somewhat selflessly and Naturally. 'Be compact and live as per your own earned means'. Man has to tame greed first to tame the other ills. Other vices have some checks on it whereas greed has almost none. That is why greed mostly goes on multiplying.

Thus is the saga of ills of ill-use of senses and vices. If man lives in such a way as to minimize greed than all other ills will automatically vanish away. Then he has not to leave them, instead they will leave him. 'He has but to see that even he himself will not be his own in the end and all will remain here'. Nothing will be of any use to him after his exit. Moreover his piled earnings will lead to many more ills. Many will quarrel over it. Such piled earnings are definitely wasted away by the ones who inherit it. Man spends rightly but only his own earnings'. The one who accumulates also kills the creativity of the incoming generations. In the process, all curse such a man who has left behind much of his ill-gatherings. See objectively and you will come to know of it. 'Ill-gathered gatherings never lead to joy but add to misery? So, man should learn from life and make good use of sense and the so-called vices in a positive way. For this, he has only one

remedy and that is well-conditioning of the mind. Mind is 'The Super Sense' and all other senses are governed by it. Mind the mind means to well-mind the mind. Mind can never be unminded, it is but impossible and unnatural too but it can but only be well-minded. Only man himself can help himself in doing so. It can be made possible only by living as per his original natural-self as per Natural-ways. It is said that meditation and yoga lead to No-mind. In my view, it is only an illusion and some kind of hypnotism. Even in sleep, the mini-death, mind defies to stop. Only death ceases it. Even if there seems to be some sort of No-mind in meditation and yoga, it begins to be yes-mind even more vigorously after the meditation or yoga ends. So, there may be some sort of coma but not full stop. In my view, if man tries to have well-mind in place of no-mind, then he will be more successful in it and it will be of somewhat durable nature. Well-mind can be but only through well-style of living. 'Let your whole life be a meditation and yoga.' These are very good physical exercises and they should be done, as physique and mentality are affected by each other. That is why man begins to feel light and relaxed after all physical exercises. It helps to lighten and relax mental make up also, which is often termed as no-mind. Only mind itself can well-mind the mind. It needs a very long gestation period. If man starts just now to bring up the present generation on the lines of well minding it, even then its fruits will be felt

after many generations. Now is the time otherwise it may be that man may not find time to do it.

But mind is mind. It has evolved many ingenious ways of escaping the reality. It knows very well that if man is able to find his natural-self then its death is certain. To find one's natural-self means to find one's brains. When I say well-mind then well mind too in essence means some sort of brain-remaining. Thus mind finds ways to keep alive. It cannot afford its demise. The theory of past and future too is invented by it to survive; when man will be enjoying the present, then mind will automatically die. It needs memories, beliefs and imaginations to survive. 'Blissfulness and all the sweet things of life cannot go along with the mind'. Either of them has to go. Mind makes people confused as they identify it with heart. But heart is merely an organ like other organs. In my view, feelings, emotions, sentiments and other sensitivities which are said to be lying in the heart too lie in the mind. All is the wicked game of mind. Such identification of mind and heart has turned man into the cunning hypocrite. When one says, "I love you by my heart" then mind may be thinking otherwise. If one is able 'to love by mind' only then his love will be authentic. But love and mind hardly go together thus it means love is a word found only on the paper. In real life none loves none. When man even does not love his own-self then how can he love others? All relations are economic and selfish in nature.

Only child loves because he has still the brains. Love will be but with The Whole Existence. It can not be selective. Leave love and it will be good if man becomes compassionate, that is enough to beautify life. Only well-mind can do this miracle thus leading to transparency in human relations. When man begins to live selflessly and transparently, then he begins to find his natural-touch. Thus my whole stress is on changing life-style and not merely teaching, preaching reading and listening.

The ill-mind has made a hell of heaven here. All is heaven but for ill-mind. The idea of physical Heaven or Hell somewhere else is also of mind. Such utopian ideas sustain mind. The allurements of Heaven and the fear of Hell leads to 'duality' in man. If man learns to live in the present then man becomes 'mono' and mind has to take back seat to brain. The duality, the conflicts, the chaos, the crowd, the multitude and anarchy sustain the mind. When man reaches beyond them and becomes 'mono' then blissfulness follows. Man is an important organ of The Universe, so he is 'UNI' by Nature but made 'a duality' by the ill-mind. Man; no doubt, is the Super-species because of mind but what an ill-use has he made of it? Hatred, Jealousy, envy, violence, diseases, multiple ills and pollution, tension, anxiety, strain, stress, chaos and many other miseries are the achievements of the mind. Man has disturbed the heaven for himself as well as for Flora and Fauna. They too have become victims of the mind.

The creatures who live in close proximity to man may be cursing as their brethren in the lap of Nature live really blissfully. They know no ills of mind. Mind and man are synonyms to me, keep it in mind. I use to wonder why people of yonder ages preferred to leave this world and began to live in the lap of Nature far away from the madding crowd. In my view, neither they were afraid of life nor they enunciated the world. Neither they hatred the world not they did so for any show. They merely wanted to live far away from the ill-mind. They did so only to find the Natural-touch of their brains by living near Nature and learning from it. They needed a Natural clime which this world can ill-afford, No ills of world visit there. Today man is at a disadvantage as compared to those people. Open lap of Nature has yielded place to some kind of dwellings or farming due to burgeoning population. To imbibe that old culture, man tries to arrange some sort of private and public parks, lawns, lakes, springs etc. he even works out sometime out of his busy schedule to be away to some hill-station, tourist-spot, beach etc. He does so as to have some respite from this madding crowd and unnatural life-style. He wants to be with Nature for sometime in a bid to regain his natural-self. But mind does not leave him there too. He tries to enjoy some moments but again pushed back into the madding race. Thus, he merely drags on this planet. He lives and leaves so. He can be even more blissful than Flora and Fauna if he well-minds his mind. For this,

he has to make good use of all Nature-given senses and worldly imposed vices by always remaining conscious, aware, alert and awakened, neither run nor cling but enjoy awakeningly. If he makes ill use of his physical organs then his physical health turns into a hell but if he ill uses his mind then his mental health too turns into a hell. Body and mind are not different entities. They affect each other equally. A balanced life needs a balanced whole health. Most of the ills are caused by imbalance, only well mind is the answer. Then all the so-called vices will be transformed into virtues. No one can ill use mind when he is awakened, conscious. So leave the idea of undoing the mind by using sophisticated and unnatural means because mind will never be un-minded. The very effort, to win or undo the mind, is in itself another way of 'minding' it more vigorously. It can only be well-minded. If man is able to do this, then both man and Nature will be happy. Nor can the mind be won over but it can be but made good use of. Man has to do it otherwise both man and Nature-blessed heaven here have to face extinction. Nature itself knows no death. It is a system, a super system and any system knows no death.

May nature bless man!

Sex - As per social and Natural norms

Anger- Only for righteousness

Greed - Do earn but not pile up

Attachment- Only of mortal nature

Ego - 'I' but not 'only I'

"No mind is blissful

less one is well.

Well-mind is a living heaven

The ill-one is hell."

"More means but less mind

Make life really enjoyable

But less means and more mind

Make life really destroyable."

THE GOLDEN MEAN

"Middle is always gracious"

Life is a rhythm, a harmony, an orchestra. It is like a musical instrument. If the strings of some musical instrument are too tightened, the music will not flow. The same will happen, if chords are too loosened. The sweet music will flow only when the strings are evenly set. Same is the case with life. It becomes really a festivity by following 'The Golden Mean'. Whenever man feels confused over some problem, then he should follow the middle path. But mostly man follows the extremes and that is the reason for his disenchantment with life. Life is often termed as a mystery, a dream, a riddle, a puzzle, a game, a journey, a drama and so on. But life knows no definition, all the definitions are subjective. 'The arithmetic of life is very simple but made out to be too much complicated by the so-called super-species, that is man'. Life is a flow, an immense energy. It is an urge to explore the Natural-self. Life itself has no meaning but becomes meaningful if man knows the art of living. Life is full of disparities and adversities but it can be made worth-living taking them in thine stride by striking a balance and harmony in them. Learn to live with what you have and not with what you had or what you will have. Learn by doing and follow but only yourself. There is no truth to be searched, life itself is the truth. Don't try to find inside or outside as there is but nothing. Life is a

continuous festivity. So, don't waste even a single moment. 'Enjoy it as it is.' Live and leave fully. Always live in the Present, don't look back or ahead as there is nothing but only misery. Play the one-time game of life sportingly, spiritedly, purposely and enterprisingly. Don't merely go through the voyage but enjoy it totally and entirely. Squeeze out the whole juice of the sweet fruit of life. Enjoy and let enjoy. Live leisurely but majestically. Be carefree and live compact. Don't shrink but expand. Always work hard for whole health and wealth. 'Hard-work is the key to happiness.' It makes life lively, lovely and meaningful. 'Love The Whole and have The Whole'. For this, at first love life, love thyself. Life is a blessing, not a curse. Man cannot love unless he loves life, his ownself, when man learns to love life, then one day love will overflow definitely and only then man will begin to love The Whole. That is why I have said in this book itself that man rarely loves. How can he love, when he himself has no love? Love is an overflow, it will definitely flow but only when man himself is filled up to the brims. So far he is not taught to love life, to love himself, thus the source of very love has dried up. If man learns to love life, only then love will prevail and all the ills of life will be drowned. 'Love is the panacea'. Don't exchange freedom for anything. Enjoy all but don't be enslaved to any urge. Enjoy means way of living, enjoy your job, enjoy all the dimensions of life. Enjoy even the minutest things. Love your body, enjoy bathing, enjoy eating, enjoy

sleeping, enjoy all whatever you do, thus enjoy, enjoy, enjoy. Enjoy all as it is. Though body is mortal but its upkeep and care will facilitate enjoyment in life. 'Eat less but sweat more'. Ill-health cannot enjoy. The whole health, that is physical and mental, is whole heaven. In my view people with good whole health enjoy life which in turn enhances their whole health, thus a healthy circle. 'Try to do your best in the given circumstances.' Do the given job sincerely, dedicatedly and with devotion. What you do is immaterial, How you do it means. Always be practical and have patience. 'Remain evenly poised in joys and sorrows.' Bear a positive attitude towards life. Take you own decisions and once taken stick to them. 'Always endeavor for the best but remain prepared for the worst' 'Remain ready to live without the most prized possession of your life. 'Aspiration lubricates life but obsession poisons it.' Goodness and amiability make the journey of life smooth and lively. Thus simply be good. Life is the only reality, it is not a dream thus face it and not escape it. 'To face is the only solution to the problem. To think of ending life in the face of adversities is a crime towards Nature because life is the only precious chance blessed by Nature for enjoyment and it must not be wasted thus in the face of difficulties. It shows that thou have not learnt the lesson of life, an awakened person can never commit suicide. 'Awakening in this very world is itself the real

emancipation and salvation.’ Accept all as a grace of Nature. Remember all is your even then yours is nothing.

Work hard for eight hours daily sincerely. Then enjoy the sweet fruits of your labour in your own cherished way. ‘Earn as much as you can enjoy and enjoy as much as you can earn.’ Have regular morning and evening walk. Do some exercises daily as suit your physical and mental set-up. Do cultivate some hobbies as per your personal interests. Find some time for some socially useful activities. Spare some time for Nature and to be grateful to Her. Time for all these activities can be distributed as per convenience totaling about eight hours. So, always remain busy and active creatively. Then for the remaining eight hours, a sound sleep will naturally follow. This schedule may vary but only slightly with age or some other factors. Such pattern of life will make this journey strain free. ‘Be neither a leader nor a follower but be your own-natural-self.’ ‘Living death is better than dead life. Live so as only for this moment and die so as to live forever.’ Live so as to die and die so as to live but never die before death.’ Live and leave so as to make both, life and death, a festivity, a celebration.’ Only living ones can enjoy.’ The art of enjoying life can not be bound into words. Life is a subjective experience, so man can learn more authentically from his own life than from books. Life is a journey, death the ultimate destination. So, enjoy the journey because thou are to be at eternal rest

after reaching the destination. Life is the means not the end. As is life so will be death. Mostly man considers life as the end itself thus he lives and leaves miserably. Take care of the means, the end will take care of itself. Man's life is the best and worst of all the lives, all depends on the player, the man.

"Do thy given job

With devotion and integrity.

It will definitely bring in

Happiness and prosperity.

Then life will not be a drab affair

But lively and full of creativity."

"Always remain cheerful

And keep others so.

It will add to joy

And lessen the pangs of sorrow."

"Mere following and jut imagining

Will definitely add to misery.

Just simply 'Be Thine Own Self'

And feel the flight of ecstasy."

“Do take risk in life
But only after pondering deeply.
Mere taking risk won't do
It must be pursued vigorously.
Then thou will have the fruit
And enjoy it sweetly.”

LIFE AND DEATH

“Mortality is essential for eternity.”

Both life and death are a Natural process. Both are a reality. One, who takes birth, will definitely die one day. It is law of Nature. All is mortal here. Even the non-living entities too disappear with the passage of time.

Life itself is ‘The Soul’ of life. Man enters this world through his parents. All other creations of Nature too are parented by some visible or invisible force. The splendid show of life thus goes on so. Some enter while some exit, yielding place to the new. It is natural otherwise decaying will take place. Nature sustains life. She provides necessary conditions as well as necessities for it. She provides basic raw materials which help man in arranging food, clothes and shelter, the three basic needs for survival. Modern-day wants, luxuries, comforts etc. too have become possible due

to Her-blessed Natural resources. Nature too has evolved such a system for other creations too for getting food and shelter and other necessities.

So long as man's physical and mental system works as per Natural laws, he keeps alive. Same is the case with all the creations. When the rhythm and harmony of this system is disturbed, either by man himself or some other forces, he dies. Other creations too live and die so. Death means cessation. Death is certain and complete. It is incurable. It knows nothing. Mortality is essential to keep Eco-balance. But modern-day life style is helping in causing unnatural deaths which is making the show of eternity unnatural, thus misery all around.

So, take life and death as a natural process. Enjoy life as it is and don't be worried about death. It will certainly visit at any time, don't wait for it. Don't waste life due to the fear of death. Man's fear of death and loss is very well exploited by those 'who claim to know.' Remember, no one can undo past or know about the future; then of what to be afraid of? Man will be exploited as long as he clings to fear. Simply enjoy life and leave death to Nature. If man could ever see after death the doings and undoing of the world and especially of go-called near and dear ones, he would certainly rue on wasting the precious chance of life in such worldly futilities and for such selfish people. Life is very much here and just now. Don't look behind

or beyond it but just here. Live and leave graciously. 'Live and leave so as this world should feel a loss and Nature a gain.'

"Recognize Child's Natural-self

Then prepare it as per its creativity.

It will bring in bliss and pelf

Making both life and death, a festivity."

"Life has been made out to be a reverse journey from Heaven to Hell. From the cradle to grave, it seems to be a tale of down journey, from blissfulness to futility?"

"Life is an arrangement, Heaven if good; otherwise hell."

"Life cannot go on with weeping, it needs laughter for its up-keeping."

"Life is partly-inherited, partly-conditioned."

"Life is only for the living ones."

"Beginning itself is the beginning of the end."

"Birth is a coincidence, Life full of incidences, Death being the last one."

"The game of life always finds some goal to play on with."

"Life always finds some sort of substitute."

"Life is a cob-web of inter-related timely and selfish relations."

"Birth is natural almost for all, Life for some and death for the rare."

"Sleep is the mortal-death, Death the immortal-sleep."

"Both birth and death are ciphers, life is digits."

“More will rejoice than mourn on your exit.”

“The loss, but not death, is mourned.”

“The dead ones have to be killed by the living ones to carry on with life.”

“The dead cannot be rejoined with even after dying.”

“Death is but reunification with the source of origin.”

“In the end you are to lose all

And nothing to gain.

Even your any remain

Will not remain.”

Childhood - Spring of life

Youthfulness - The summer

Parenthood - The Winter

Old age - The Autumn

Birth - Morning

Young age - Noon

Old age - Evening

Death - Night

THE WORLD

"Here the other seems to be well

But the other is always hell."

This world is often described as a place of sufferings. But in my view, it is not so. This world is all Heaven but for ill-mind. It is so as you are, as you see it. It is all beautiful and splendid. There are Flora and Fauna, stars, flowers, clouds, water-resources, springs, mountains, hills, skies, suns, moons, rains, rainbows, cool breeze, oceans, orchestra of birds, morning, day, evening, night, twilight and what not! So much of Nature to enjoy but if thou have an eye. For doing so, man has to be wondrous and curious like a child. Here Nature has blessed man with so many kinds of foods, fruits, vegetables and so many other things to enjoy. Today life has so many comforts from a pin to the super-computer, so much to wear and such dwellings are here for man of which our ancestors could never had even dreamt of. Such a world of so much fantasies, beauties and charms is hard to be found elsewhere, not even in the Utopian Abode somewhere else. Earth and ocean are rich sources of precious minerals that are vital for present-day comfortable life. So much of precious gifts of Nature are here that defy any counting. All comforts and three basic needs of man are provided here. Nature has kept away nothing from its creations. She has showered all and is always showering. That is why Earth is termed as a unique planet. Nature has provided only here all the essential conditions

for life. Life itself is precious gift of Nature. She has provided so much to enjoy for all without any cost or favour. But why is such a beautiful world seems to be so much ugly and miserable? Such a comfortable life too seems to be miserable? What has gone wrong and where. It seems to be so due the ill-doings of the ill-mind.

This world is often described in many ways. It is compared to a stage on which all play their respective parts and depart. It is termed to be a circus, a fair, a platform, a show, a temporary abode and so on. It is said to be an ocean, where struggle of life goes on. It may be termed in any way but one thing is certain that it is a temporary abode but a beautiful one. All definitions are taken subjectively. So, in my view, this world is a playground where the game of life, full of gains and loses, is played. All the traits of a game are there in this world. It is a game of convenience, like that of cards. Whatever one may take this world for but it is a splendid show. It has a subjective definition. It is as you see it, as you live it.

This world has always been affected and shaped by an 'Earthly Trinity', that is social, economic and political set-up. 'The Super Trinity' Nature, has arranged all here but it is managed by 'The Earthly Trinity'. Social set-up includes caste, creed, customs, traditions, education, culture, civilization and other aspects of life which affect man, a social creature. It affects man's life much. The course of life is shaped by it. Thus it is the

edifice on which man's life is built. The economic and political set-up too affects man's life evenly but the stamp of social set-up is marked from the very beginning, thus indelible. Even economic and political set-up will be such, as is the social order. Thus man has to be very careful about the beginning if he wants to enjoy the Nature-blessed Heaven here. So far man seems to fail. His priorities might have been wrong. That is why he is still gaining more and more misery and losing that beautiful touch of life. In my view, man has given more importance to economic and political set-up than to social set-up. Take care of the social set-up which itself will take care of the other two. Social set-up is directly linked to man whereas other two are necessary for running the affairs of life. I would like to take them one by one as per the order man has arranged them, thus adding to his such a state of misery.

Mostly, man has preferred the economic set-up and today it is certainly so. It might have some less importance in the bye-gone era. But today 'man is known by the means he keeps.' Man's worth, even after death, is measured by his economic worth. There is no worth of his any other worth. He has lost himself in this mad race of accumulating. Once he gets his desired thing, then he steps on to the other thus moving in a vicious circle. One's flesh is another's meat, 'is no doubt, a law of nature, as most of the species draw their food out of the weaker creature's flesh.

As a natural law it is right and it helps to maintain Eco-balance which is necessary for Nature's show of eternity. But man has applied this law of nature on his own self. He is making the flesh of others to enjoy his plate of meat. He has become so much greedy and selfish that he even kills others to arrange for his plate of meat. He commits any crime to gain money. Money has become his reigning god. It has become his be- all and end-all. He goes on committing such crimes as are beyond words in his pursuit to gain more and more at all costs. Today money, power, prestige have become so co-related and inseparable that a vicious circle is formed. This way 'This Trinity' seems to become a single entity- the economic one only. Money is related to economics, Power to politics and prestige to society. I am at a loss to understand why does man want to accumulate so much which will be of no use for him after his exit? His piled nothings will add to the already prevalent miseries of life. Many will quarrel over his heap of wealth but no one will ever care even to remember him. This mad game goes on and on, only the players change. It is a great injustice to the incoming generation, as it will kill creativity in the future man. Blissfulness never visits without creativity. Man knows it very well but still he goes on hankering after money, power and prestige. No doubt, man has to work hard to fulfill his daily basic needs of life. 'Money's cares only money spares.' It is but necessary to run the show of life. I have seen people

dying, but for money. All have to work but the quantum and quality of work may vary. But the obsession to earn more and more has turned man just into a machine. He has become so much complicated that even he himself is unable to recognize his original natural-self. In his quest for money, man is ready to do any job whether it suits his temperament or not. It leads to frustration and disenchantment. In my view, mostly man is not happy with his given job because it does not suit his Natural-Self, even then he has to carry on with it for livelihood and material gains. The other seems to be happy in their jobs whereas man himself feels sad in his job. Ask the other and the same sad story will be repeated. It is mirage. Nature has endowed everyone with some special unique Natural trait. If man is so prepared as per his Natural-Self and is given job as per it, then there is no question of disenchantment with his job, thus life. Man himself is not responsible for such a sad state of affairs. He needs some job to earn livelihood, so he has to be ready to do any sort of job for it. Growing population has forced him to do so. He can still live joyously in this chaotic world. What is needed is right grooming of the child. Man is the only such creature who goes on perpetuating miseries here. He himself has suffered here and he knows it fully well from his own life experience but even then he goes on to groom his off-spring in such an unnatural way which will lead but only to more misery. In this way, misery goes on multiplying. Man, in the end-part of his

life, comes to know of the futility of amassing but still he is preparing his off-spring for the same mad game again and again. He daily sees his own death in other's death but still he lives so as to live forever.

Today, most of the parents are not happy with their off-spring and most of the children too are not happy with their parents? Both have good quality of life as compared to their ancestors but even then why such an attitude towards each other? When both had not so good standard of life some generations back, then their relationship was somewhat cordial and warm. But why it is so now? Wrong preparedness. Parents leave the child since his birth to be taken care of by others, as they both are to do their respective jobs. So, the child remains devoid of their care, attention, what to say of love, as love is but only on paper. This neglective attitude of parents haunts the child throughout the whole life. All other creatures tend their off-spring with love, care and attention. So, see the glowing of their faces. No one has grudge against no one. All the creations need love, care and attention to grow healthily. For example, take two saplings. Tend the first with care and neglect the other and see the marked difference. Thus the effect of ill-grooming of child can very well be imagined. The best part of his life has been wasted away. When the beginning is wrong then how can life be right? The parents are so much absorbed in materialism that they find no time to take care of the child. They are to achieve this and that and what not? There is a joke that seems to be a reality. Most of the present-day children do not know, who their parents are. The parents, both on the amassing spree, leave the child sleeping in the morning and when they return in the evening, the

child has already gone to sleep. Then how can the child know about his parents? Such parents are often termed as 'Sunday-parents', as they have to live with the child on Sundays. When the child does not know them, then whom will he serve in life? Those very parents expect love, care and attention from their offspring? So, it seems to be foolish to expect the same from it. Love always overflows and multiplies only by sharing. So, the childhood remains barren and juiceless. When he grows to be merely two or three years old, then he is huddled into some crèche. There too, he remains an alien. The child is a keen observer and pious, as he has only brains. Such an attitude of parents leaves an indelible imprint on him which is never erased. He remains devoid of blisses of childhood. The parents on their part think that they are doing their role sincerely as they are paying such high fees, providing him such fancy and costly dressings and all other conveniences of life. But in fact, they do so only to boast of that their child is admitted to such an esteemed and expensive school. In addition, they are doing so, only to fulfill their own ambitions through their children which they themselves could not fulfill. They spend so much on him as an investment. They think that their only duty is to provide facilities to the child, so they are doing their job marvelously. In fact, they seem to be doing a favour to the child by rearing him up. They forget that their parents too had brought them up. They never care about what the child requires. He wants love, care and attention. He can do without such costly arrangements but not love, care and attention. The children of not so well-to-do parents are lucky enough to get due love, care and attention; even though they may not get some expensive upbringing. Such children prove

to be an asset to their parents. Thus parents will receive what they have given to the child. After crèche, he is put into some sort of the so-called reputed school of status. There too, he is treated as a beast of burden loaded with the most sophisticated syllabi. He is taught so much do's and don'ts there. He is made to learn so much irrelevant material and the child is just bewildered. He is so much burdened and his Natural-self caves in, no body cares to listen to him. He is only told, not listened. Slowly and slowly, he is hypnotized into the worldly ways. The parents feel proud of their child studying in such an esteemed school oblivious of the injustice being done to him. They want him to become some good professional, a high-flier official or a successful business hand. They care the least for the child, his Natural-self and interest. All the system is against the child. All is being forced on him. All want him to prepare so as to be able to earn endlessly. The child remains a mute spectator to all this. Slowly, the child surrenders to the system and himself turns to be such and even more as he was groomed to be. 'The repeated wrongs seem to be rights.' Ask any child about the behavior of the whole system which pushes him into the madding crowd of materialism at such a tender age against his wishes, he will surely rue the system. Sometimes he wants to resist and asks odd questions but is snuffed. Slowly, he becomes accustomed to all this melodrama. Child is like wax which can be moulded anyway. After completing his education, he is put on an earning spree and earn he does. Education means 'to draw out' what is inherent in the child. So, it should be so as to prepare the child as per his Natural creative talent. His such talent should be exploited fully. But the story of imposition does not stop

here. Marriage too is yet to be imposed on him. He cannot even dare to deny, as he is to pay the price for his upbringing. I would also like to take the case of those children whose parents are less meanful, so they are not sent to any schools. Such children are less miserable in life as they are less-imposed. 'The lesser the imposed, the happier the child', moreover, mostly, such children follow the profession of their parents. In my view, the man, who is settled in life at around twenty and that too as per his Natural-self, is less miserable. 'The earlier the settled, the merrier the man'. Economic system should be as such which is helpful in getting man settled earlier in life. After getting married forcibly, the man who was once a child, now turns the tables on his parents. They expect of the child to take care of them after all they have reared him up to fulfill their unfulfilled dreams. The child too serves them materially as he was served in his childhood. Even some do not do this. He, who is made to lose himself, cannot take proper care even of himself, leave alone others. Then the parents begin to curse their offspring. But who is responsible for it? There is no such thing as generation gap but only mal-rearing of the child. The tragedy is that the same child grooms his offspring in the same manner as he was groomed when he attains manhood? Thus the show of misery goes on multiplying, the in-coming generation blaming the out-going one and vice-versa. The child should be groomed so as to earn, serve and enjoy. Nothing should become obsession. Then both the parents and their off-spring will live and leave joyously. Nature too will be happy then to bless them more and still more happiness. So give economics its due place in life. Man's worth should not only be measured only on economic scale but by his

contribution to humanity and Nature as well. Economics should act as a measure of labour and not as a measure of man's overall worth.

Politics is also the sister of economics. It has been shaping man's life since ages. Life cannot go on smoothly without it. Daily affairs of life have to be managed in an order. The growth of population has made the administration, a more difficult job. But the jobs of the state are to be carried out anyhow. In today's world of science and technology, to govern too has come of age. There are problems of national and international matters, health, nuclear armament, pollution, diseases, population growth, education etc. to be tackled by the state. In addition, there are domestic problems of poverty, unemployment, internal security, law and order, justice and many more to be tackled. Politics has always been there in one form or the other. Man, being a social creature, cannot escape it. The word 'politics' might have been drawn out of the word 'polite' which in my view, means to run the affairs of the state politely. Good politics is a boon otherwise a bane. In fact, today all revolves round it. Economic and social set-up too follows it. It affects all aspects of human life. It has become a game of manipulation. In fact, power, pelf and prestige can be got mostly through manipulative ways; all these three are same in nature basically. Its sole aim has become to grab power and pelf continuously. 'How to rule' has yielded place to 'How to be ruler.' It exploits the poverty and sufferings of the people. In fact, it itself is creating such problems as are expected to be solved by it. The gap between the rich and the poor is ever growing. There is discontentment all around. The social fabric too has been shattered. The clouds of impending

tension among different nations are looming large on the horizon. The virtues of life are on the decline. Politics has to take lead to take man to blissfulness, free from violence, tension, penury, diseases and pollution etc. The politics of today will decide the future of humanity. For this, man has to change his own-self. He should do his job awakingly whether it is political or apolitical. He should leave his given job after enriching it. 'All depends on man and not on institutions.' Politics itself is not a dirty game, all depends on the players. Politics is the axis around which all the activities of man revolve. It is the destiny of nations and humanity. It has always decided hell or heaven for man. Thus it is the most important of 'The Earthly Trinity'.

Man is a social creature. His life is very much affected and shaped by social set-up. His outlook towards life is determined by it. After parents, it plays the major role in conditioning the child. The caste, creed, customs, traditions, beliefs, education, culture, civilization etc. affect his life very closely since the tender age of childhood. He will turn out to be what he has been moulded out to be. 'The man will be what the child is.' Stamp of parents and his surroundings puts its own uneraseable marks against his Natural-self. Thus most of the job is done in the very childhood. It decides the future. Child learns the true lessons of life from it. In my view, politics and economics too are based on it as these are based on the social set-up. If man is well-prepared, then all institutions will work well. Thus social set-up is the first and vital step in turning life into heaven or hell. Keep care of the social set up and all other institutions will follow it. Thus all

depends on man i.e. mind. If mind is well-trained then only blissfulness and success will follow otherwise the reverse to it.

The Earthly Trinity being discussed now is the turn of today's set of things. Social set-up has been driven to the back seat even though it is the most important of the 'Trio'. Economics comes first, then politics and after that social set-up. It has been man's won't to run after such things as are revered. Today man's worth is measured by money. Values of life have almost no say in the present set-up. So, man goes on running after money, howsoever he gets it has become immaterial. From birth to death money plays an all important role in man's life. Science has invented so many comforts and gadgets thereof as man can't even visualize them even in Heaven over there. Man wants to enjoy all here too and over there as well but here he has to buy comforts and it needs but money. There is so much to be bought that ultimately he is lost in the game. Thus all his life is wasted in pursuing them. He gives up all for minting money anyhow for buying and buying..... What he has bought today becomes outdated tomorrow. Science is moving so fast now that he is caught in this vicious circle thus ending up totally-broken. Same is the case with politics, here too man is after minting money; power and prestige follow it. Politics and economics are complimentary and supplementary to each other. After the rich, such people are revered who wield some sort of power. If both are there, then what to speak of! Today, both have become so much inter-connected that it is difficult to separate them. 'Money is power and power begets money.' Money can buy anything and power can create such an atmosphere as is suitable to make more money. I am

unable to differentiate between money and power. To me, both seem to be one, two sides of the same coin. In sum, the duo of economics and politics has an upper hand in the present system. People who have good social traits have no say. Such people are even finding it difficult to make both ends meet. Social institutions too have become a hunting ground for politics and economics. It has shattered the sweet social fabric. No one is ready to cultivate good values of life, as these have no say. That is why all train their off-spring so, as to enable them to have money, power and prestige. End is justifying the means? Social values such as co-operation, compassion, sharing etc. are harder to find. Only poor people might have them. It is their helplessness otherwise they too would have been in this race of going to nowhere. Man has become worse than machine. Such a system may lead to affluence but never to blissfulness. Money has its own importance whereas man has its own; both cannot be substitute to each other.

Now man has to change this order otherwise life will be in peril, it may even face extinction. Man can be affluent and blissful at the same time. Affluence is the first and vital step towards blissfulness and mere affluence sans blissfulness is worse than hell. This world is all heaven but it needs both. For this, man has to take care of social set-up which prepares man and institutions always follow man. Man has to shed his self and ego to some extent. Man is a selfish species and in a way social setup too has come into being due to his own self, as man can't live in isolation. As mind has developed so much, thus politics has become the leading force today. In my view, society came into being first, then

economics and then politics but politics has left the other two behind. So, politics has to take the lead because it sets the course for economic and social set-up. It will need a great sacrifice, this is not so easy. But this is the only solution. Man cannot be joyous until social set-up is correct. Man is to live in the society first and think of the rest later. There is some good harmony in this trio wherever political set up is good. We have examples of it even in the present times but these are very few and far between. Would that the whole world has a same Trio system! But all depends on man, at first he has to change. He is the doer. He has to change his attitude towards life otherwise it will be too late. May Nature bless him..!

The saga of this world will not be complete without taking into account the perception of life of the East and the West. East believes in past and future but west mostly in the present. This difference in ideology has brought a sea-change in the standard of living in the West. It is but natural that the people who know the art of living in the present will strive to make life as comfortable as possible and so they did. They made use of each and every moment and tried to arrange all that man can't even visualize in some other world. But blind beliefs and superstitions have killed the creativity in man, and more so in the East. Slowly, the golden title of East began to fade away. The people believed in the past or future, thus killing the present. Man cultivated the art of postponing. Affluence visits only when man has an attitude of living in the present moment. Man goes on postponing to tomorrows, next and even to yonder lives. Then how can affluence be gained and sustained? Penury, hunger, diseases, pollution,

jealously, violence and so many other ills were bound to follow the population explosion which is also a gift of our sticking to old given-beliefs and superstitions. Almost most of the so-called great men of East eulogized past and fantasized the future. It made man basking in the glory of past and imagining for future. He became lethargic, idle and hypocrite. Virtually, he became a parasite. He lost his intrinsic touch. He was caught in the vicious circle of being poor and miserable thus believing more in those very beliefs which have caused his such state. 'The poorer and the sufferer the people are, the richer the ill trio-system will be.' Some people in East dared to break this vicious circle and today they are as affluent and prosperous as their brethren in west. But most of the East is still in the grip of old beliefs and superstitions, thus going up and up on the misery chart. The tragedy with man is that almost everyone feels and learns from his experiences that there is but nothing in the past and future but still he goes on clinging to it because of his insatiable lust. It also shows that the grip of man's exploiters, due to his such nature, is impregnable. Moreover, man is so greedy, selfish and cunning that he wants all here and over there too but only for himself and in the process wastes away the gem of life which is very much in his hands. His belief in the past and lust for the future is a testimony to it. The tragedy is that even the so-called intelligent and educated people too are not ready to learn from their own experiences but go on clinging to the told-beliefs and believing in the unknown future. It is really dangerous; it has helped to cement the theory of past and future. The poor, the sufferers, the not-so-well off people naturally follow them. Even the people attribute their earned success to some other past or future

causes even though they have done so only by learning to live in the present. Success and affluence can not visit otherwise. Take the example of any success story and you will find that it is the story of the miracle of making good use of each and every moment. East has the proud distinction of having so many great men but even then it is at the bottom today. It has a history of about ten thousand known years but the West has of only some hundred years but it is far ahead of East, Why? The reason is that it failed to have faith in man and did not try to recognize the potentially of man. The system is such and there is no other reason. Allow man to find his own-self and leave all other to Nature and experience the miracle. The West has faith in man, thus materially successful. It has propped up individuality in man. Blind-beliefs and superstitions have almost no presence there. Though West has not given so many so called great men to humanity even then it has arranged all the Heavens and even more in a short span of time. Why? The great people over there, though small in numbers, awakened man from the slumber of past and dreams of future. They have seen the plight and misery in the East due to its clinging to the past and flying in the future. But how can a caged bird fly? Even dreaming of flying may prove suicidal for such a bird. They have seen the downward journey of East from The Golden Era to near-starvation. So, the first thing they did, was to unshackle man from the seemingly golden chains of past and platinum chains of future. They stressed upon man neither to be merely proud of his past not to dream vainly of future but to earn and enjoy very much here and by himself. This attitude towards life did the wonders. West today is almost a living-paradise, as it has arranged even

more than the imaginative heaven but East has lagged behind because it has remained theoretical whereas West has become practical.

All the problems of the present-day world and especially of East are caused by undue population growth. All other creations except man regenerate as per some Natural-system which helps in maintaining Eco-balance. But man the so-called 'Only conscious species, regenerates blindly. It has created an imbalance even in the population of other species and It might prove to be a death-knell for life here. Man is gradually crawling to his 'Eternal grave' by living an unnatural life. First, population check is a must. 'Quantity always beats quality.' Almost more than half of the World population is living in the East. It is on the overgrowing spree. It laid the foundation of misery for man. Though the affluence and the poor both are affected by it but the quantum of ill-affects is much felt on the not-so-meansful. The sweet fruits of science have been turned into sour ones by this reality. Almost all the problems and ills of the present 'Trio set-up' are cursed by it. East has produced almost half of the people on this planet. Blind-beliefs, customs, superstitions and many other social factors have led to this virtual hellish state. The tragedy is that, it is continuing menacingly even this moment. It is said that the extinction of any species is caused by its own over-population. I fear it might happen with man too if the present trend continues. I see no change in the immediate future. Science has been able to decrease the death rate but birth rate is ever steady. The population has ballooned to such a stage as defies all solutions. The present population of, about more than seven billion, itself seems to be a great burden on this planet.

But increase it will, so just imagine the dark days ahead. West has comparatively added less numbers thus less problems. That is why they are having a good standard of living. People are flocking to these countries even though they have to do physical labour there. The present day ills of population, diseases and other social evils are generated by fast growth of population. The good values of life are on the deteriorating path. The sweet fruits of human labour and science are being soured by the ever-growing population. To stem this rot, man has to make marriage a pious and meaningful institution rather than merely a ritual. It should be a well-planned and meditated affair. Science and technology can help in the matter. Marriage should be performed only after conducting biological, medical and such other related tests. The Physical and mental caliber too should be judged beforehand. Both the partners must have equal say in the most important event of life. 'Future man' depends on it. Such matching and equal marriages should be managed as lead to refined offspring. When marriage will not be forced upon as a necessary evil, then virtues of life will flourish. The off-spring of such a healthy union will definitely turn out to be an asset to humanity and Nature. The menace of population growth too will begin to be solved. So far children are being produced and not created. The child has to pay heavily for the generosity of parents in producing unplanned children. It is a very testing and difficult job to create a child. I have heard about a book penned by Her Excellency Hillary Clinton, "It takes a village to bring up a child." The birth of a child is a very important event. The off-spring of human species is very much helpless as compared to other species in the beginning. The off-spring of other species takes

less time to take care of itself. But the child has to be taken care of for much time. He has to be taught many things. Only the woman has such patience as is needed to bring up a child. In my view, "It takes the whole world and even more to create a child." So all stress should be on the child. If it is done then all is heaven here. The child must be taught to laugh, sing and dance as it will help the child to develop his intrinsic-self. He has it by Nature but is gradually made to lose it by the system. Only then he will be able to be successful as well as blissful. He will know the art of enjoying life and Nature. He might be successful otherwise but can celebrate but nothing without knowing the art of Laughing, Singing and Dancing. He can feel one with 'The Super Orchestra' by knowing the art of 'LSD.' In this way, all will seem to be festive here, thus a sort of living-paradise. All is rubbish here sans celebration. Man has so far arranged only a fraction of heaven here. Nature is so vast, infinite and benevolent that there is an infinite treasure to be explored yet. If child is taken care of, then most of the ills of 'The Earthly Trinity' will vanish away. Man is an immense energy, it needs but only right direction. So far, it has been wasted away. The source of energy is dried up right from the very childhood. So, man seems to be devoid of energy. The energy is very much here, what it needs, is a Natural flow. Once this happens then the degree of heavenliness is unimaginable, I am sure of it.

Both East and West are on the extreme. The life of the meansful has its own charm as well as harm. The life of not-so-meansful has its own suffering as well as blessing. Thus life of both has some utility as well as futility. It might also be some sort of law of Nature to keep man deprive of one or the other thing in life

so as to keep him on earth. All have not all as per worldly norms. This is not a question of East or West. The Time, directions and boundaries are mere terms invented by man for his convenience. Once man learns the true art of living, then all barriers will vanish away. It is a question related to humanity and mentality of man. Man mostly follows, he rarely contemplates. So, it is but natural that follower will always lead to some extreme. I am at a loss to find why man has been so? He has not been able to understand the simplest thing in life, that is to search, to inquire and explore. Only awareness, awakening and alertness can liberate him. 'Liberation is real salvation. 'Once it happens, then life is all joy. Practical and pragmatic approach towards life will make it very lively and lovely. So, man should not take things as they are but must test them on his own touch-stone. It is not a question of to follow past or future beliefs. Whatever is good is good irrespective of its timing. Some past beliefs might have been good at the time of their invention and they may be so even now. So, man should observe, watch and learn from his own experiences and follow only himself. I am talking about man and not merely about East or West.

In the process, East has wasted creativity in man by indulging in futilities. Science could not be sustained here. Slowly East lost its glory. It could not progress but journeyed down to regress. All sort of miseries are here to see and the miserable man becomes more blind follower. 'Poverty and misery always invite exploitation.' So life here became dud. It lost charm and beauty of its own. Man here became a dead wood; a wreck. He is caught in a vicious circle of misery. Misery is not nature of man, it is to seek blissfulness. West made

tremendous scientific and technological progress and made life wonderfully comfortable and affluent. Materially West has gained almost everything. Almost all is available there which helps in enjoying life. West is a some sort of living-paradise on this planet. It has passed the first test to blissfulness by gaining affluence. But mere affluence has its own problems. The problems of plenty have made life just mechanical. Competitive and fast life has generated tension. Many new ills and diseases have made life mundane. The culture of over work has turned man just into a machine. No doubt, affluence is there but it is also not nature of man. It is to be both affluent and blissful at the same time. Though it seems to be a contradiction, yet it is possible.

East has first to gain affluence through work, creativity and having faith in man. It has to shed its attitude of clinging to the past and dabbling in the future. When it will learn to live in the present, science will automatically spring up. Man will then begin to live practically thus working hard and the miseries related to the shortage will automatically disappear. It has first to be affluent, then blissfulness will follow naturally. West has to change the culture of over-work. The work-culture invented an epithet, "Work like a dog and live like a king". To me, it seems to be against the dignity of man. As the times have changed so it should be changed to, "Work like a king, live like an emperor." It means work sincerely with devotion but majestically and enjoy its fruits leisurely. The word "King", in my view, might have originated from the word "Kin" which means relationship. Thus the real king is one who has good relation with his people. He does his duty sincerely with devotion for the welfare of his people, thus a kingly way of working.

West has to shed its over-materialistic attitude. It has to learn good values of life such as compassion, co-operation, sharing etc. For this, it has to make marriage a pious and sacred institution. The waning institution of family has to be given its Natural place. It should also learn to help the poor in order to make them stand on their feet. It has tremendous resources which can be made good use of for the welfare of humanity. It also has to stop the use of science for destructive purposes. The idea of subjecting others too has to be dropped. It has the most important job to do, that is to preserve, protect and save Nature, as it has the means. So far, man has done immense damage to it. If it is not rectified early then there will be nothing left to rule over. One more point, science can be used to explore Nature but only by taking its help. Man should not fight with Nature. If he works with rapport with Her, then Nature has an eternal treasure to shower on man. Thus west has future of mankind and even of Eco-balance in its hands.

So, both East and West have to learn, whatever is good from each other. "The Golden Mean" works here too. East has become introvert whereas West extrovert, both are required to become practical and pragmatic. The man in East has distanced himself from himself and Nature. Same is the case with West, the reasons may vary. East cannot enjoy life due to shortage whereas West cannot enjoy due to surplus. Both have lost man and both have to recognize the worth of him. They have to allow man to live as per his own Natural-self. They have to create a clime for the same. In fact, all lies in the system. So, both have to change "The Trio System" in such a way as will not hinder the flow of energy of life. The energy of life has to be given a Natural flow. Thus man is important and

so is his state of mind.. Man of "The Present" is need of the hour. Man and you can say mind is the same everywhere. He cannot escape parentage and surroundings. In West he imbibes the culture of Earn, Eat, drink and be merry from the very childhood. In East he inherits the culture of living in the glory of past and fantasy of future. Man's nature is to be both affluent and blissful. It can be achieved only if man is prepared from the very beginning of life as per own Natural-Self. Then he will surely work out a Natural Trio system thus ending the concept of East and West. Then "East is East, West is West and both can never meet" will turn into.

"East and West are not separate

But are only one and the same.

All lies in the System

Which affects life's game."

So, this world is a mini-system in the show of Infinite System. Wherever this mini-system has a good Trio system, there are conditions conducive for enjoying life. But most of this world has otherwise system. The punishments and rewards depend on the system. That is why the man with a similar crime is punished in different ways as per the local Trio system and same is the case with rewards. You can see the good man suffering and the evil one making merry. Sometimes and somewhere man pays for his deeds but at others he has to pay for the deeds or misdeeds of the others as well. So, all lies in the system and this "Trio system" decides the nature of hell or heaven here. The show of goodness and evil goes on here as such. Sometimes the former has the upper hand and at

others the latter. It is necessary for the continuance of this show of life. If the system is good then goodness prevails otherwise evil. The present set-up is not conducive for goodness which has made life miserable. It has to be changed to make this life blissful and to sustain the got affluence otherwise both will elude man.

It does not mean that evil will vanish away totally, "The lesser the evil, the better the heaven here." So, man has to evolve such a system where evil is lessened to maximum extent possible. Nature has evolved such a system as goes on based on evil and goodness. If man is to enjoy life and Natural heaven here then he should stress on the system and try to make it Natural. Then affluence will be sustained and blissfulness achieved. So, the show here is mostly managed by man thus the onus lies on him. It is up to him to make hell or heaven of it. Thus man should endeavour to set the system right here and leave all other to "The Super System." Nothing is pre-ordained, the worldly system destines almost all here. I have said in this book earlier that circumstances shape views. 'Man becomes a victim of circumstances.' Who causes circumstances? Surely, the worldly system. Man's views decide the conception of life and all appears as man likes to see. This world is a living gem of Nature's Crown. What man needs is to realize the beautiful heaven all around here and endeavour to enhance the beauty and splendour of it by working out a good universal system, after all man is the most important organ of the Universe.

So, here all is the splendid show of Nature. Here, all depends on some law of Nature. Nothing is co-incidental here but all is based on 'Cause and Effect

theory. Nature is a pure science. There is nothing behind or beyond it. All is just mechanical. The System is Superb and Infallible. Man should understand it and not try to meddle in Her ways or look beyond The System. Those, who follow this 'Cause and effect' theory, come to such conclusions and discoveries as enhance the beauty of this Natural-blessed heaven here. Sometimes science goes wayward because it falls in the wrong hands. But there is a 'Super Science' which goes on only on 'Cause and Effect' theory. That is why all is going on so smoothly and perfectly since the times unknown. As causes will go on changing, so will effects go on changing. So, man should observe Nature and then he will be able not to cause such causes as can lead to ill-effects. But man had been wasting his immense energy since ages in the pursuit of looking beyond Nature. He always looks up to- 'What should be' and is never ready to accept 'What is'. This is the basic reason of his miserable state here. In fact, he himself has arranged but only misery so far. There has been some lapse on his part in managing the naturally-blessed heaven here. In my view, the word 'hell' would not have been there in the dictionary but for ill-mind. Man has to stop irrational, reckless and unnatural abuse of Natural resources. He should make positive use of them only for creativity. Imagine, had man used Natural-blessed resources for creativity? Natural resources too will exhaust as man is tempering with the Natural System of their replenishment thus endangering life here.

Now is the time for a drastic change. For this, at first, man is just to be aware towards The Existence. Then he needs to explore his own Natural-self and then live as per it. Remember, only man himself is his own master. No one other

can know his-self better than him own-self. But man is always after some other masters and this is his un-doing. He looks everywhere but for himself. He wanders everywhere but reaches nowhere. So long as man is such, he can not be blissful. He needs to be ever fresh and anew. But man is static since ages, he likes to be so because he feels secure as such. But he has so far accumulated but only misery by remaining so. If he is to get rid of misery then he needs to be but always aware, alert and realistic. Then this world will not seem to be 'a house of griefs but it will become 'a home of joys'.

WOMAN, CHILD AND MAN

*"Blessed is the system where child is cared,
youth assured and old secured."*

In this book, the term man, is used for the human species. But in this chapter, I am going to take up woman, child and man separately because they are related to life very deeply. Man has to know them before knowing the art of life. My whole stress is on 'The Trio System' and Child's upbringing. So, the role of woman is very much important as she is the force behind the child and man. So, she can play a very important role in setting up much a system as can bring affluence and blissfulness. I am talking about the above three generally and remember 'exception too is the law of Nature.'

WOMAN

Woman is the near incarnation of Nature. She has almost all the qualities of Nature in her, especially that of 'Mother Earth.' Most of the words defining blisses of Nature are feminine in content. She is a model of sacrifice, patience, perseverance, tolerance, integrity, sincerity and adjustment. She lends charm, grace, beauty and meaning to life. She is so delicate, large-hearted and benevolent. She is an apostle of love, dedication and devotion. She likes to live in the present, that is why she is often termed as devoid of far-sightedness. But, in my view, her nature of living in the present helps her to go-through many diverse roles with grace. She is the Prime unit of family, without her co-operation, family disintegrates and so is happening in West. She is a good restraint. She puts checks on the tribal nature of man thus serving a social cause. She is the best creator. All the great ones are given birth to and reared by her. She bears and rears the child which is an ordeal. She adjusts herself in the new environs after her marriage. For this, she has to put at stake even her individuality.

But mostly, she has not been well-treated by the 'Earthly system. She remains always an alien. No one takes care of her as an individual and mostly she is treated like a commodity. In modern times too, the so-called liberation has put double the burden on her shoulders. She has to work in her job and take care of the family as well. No doubt, equality with man has brought economic freedom to her but she has been made out to be just like a machine, even then she performs graciously. She is complimentary as well as supplementary to man. She

is surely equal to man but too different as well by Nature. Equality means 'equal opportunities. She, being given equal opportunities, can even go ahead of man. But there are certain fields where only woman can perform. She is receptive by nature which helps her in running the family show. It has been said since ages that woman is incomplete without child but in my view man too is so. She provides man with a precious chance to serve the best creation of Nature, that child is. In fact, there is no other difference between man and woman except that of physiological and biological ones. And these very differences bring in many psychological differences. These very differences are but Natural and Nature has endowed both man and woman with these to run the show of eternity. Both man and woman are but partial without each other. Life becomes enjoyable only with the presence and help of both.

There are some other natural traits in her. She does rarely follow 'The Golden Mean'. Once she sticks to some point, it is very hard to move her away from that point. It is too hard to judge a woman.' She is much ambitious but her ambition does not go beyond the family. She likes eulogisation. 'She can either be an asset or a liability. She makes a man if an inspiration but mars if proves to be a hindrance. A cheerful woman is treasure whereas a tearful one, danger.' All her good qualities turn into worst ones if she is in her other mettle. Over all, she is a balancing here in this world. Without her, the Natural-blessed heaven on this planet will be incomplete and dull.

THE CHILD

The child is the incarnation of Nature Herself. It itself is meditation hence really blissful. It is the best creation. It enters this world with a clean slate. It enjoys all the heavens here. As he grows, the heavenly touch goes on diminishing. It is Natural picture of love, innocence, carefreeness blissfulness, heavenliness, simplicity, originality and creativeness. Only child loves, all others just feign it or use it to grind some self. Love is spontaneous and unconditional and that is not selective but is with The Whole Existence, so see, only the child loves. It embodies freedom, true laughter and weeping and all other positivities of life. It takes all here with wonder and surprise. It is ever curious, thus follows. See its eyes, they are deep, clean and calm. It knows no vices. It lives with and loves Nature. It is carefree and knows nothing. It is the future of humanity. It is an immense Natural treasure. So, take care of the child and leave all other to Nature.

MAN

Man too is complimentary and supplementary to woman. By Nature, he is offensive whereas woman is receptive. Theirs such opposite traits are necessary for keeping the show of life go on. He has always been more dominant than her. He provides security to woman. He is brave, courageous and risky. These qualities are necessary to face the struggle of life. He too is ambitious and haughty. Whereas woman turns house to home, man helps in establishing house. Mostly, he is the bread-earner. Woman has to live cautiously whereas man lives

somewhat carelessly. He always wants to be in the fore-front. All the vices are more dominant in him than her. He has more stamina and she has more resistance power. So, both of them have their own specialties which are helpful in running the show of life. So far man has been a leading player and he has spoilt much the beauty of Nature-blessed heaven here due to his aggressive nature. Now the time has come to appreciate the Natural qualities of woman and give her due status in reality. If so happens, then I am sure, the beauty of Natural blessed heaven here will be enhanced due to her affectionate and receptive nature.

THE PEARLS FROM THE OCEAN

"Life is an Ocean

Don't sit on the bank but leap.

Only those find the treasure precious

Who dare to dive deep."

Man has to struggle in the ocean of life. I too have earned some pearls in this mine own struggle. Man comes across such circumstances and situations in

life as teach him the true lessons of life. What we read in books, these too are earned experiences of their authors. Some people have the ability to pen them whereas others might not have it. All are unique by Nature. All experiences are costly and man has to pay for learning something. I would like to share my experiences and lessons thereof with the valued readers even though all of these may not find favour with someones. It too is but natural and good too. These very differences, in my view, make this show of life splendid. In this way, the Natural show of life here becomes vivid, spectacular and lively. I hope that mine these earned views will be of some use and will stand in good stead with the readers who are the real evaluators.

The quotes, maxims, phrases, epithets, proverbs, thoughts, and all other people's sayings are products of human experiences in life throughout the ages. All these are spontaneous reactions of man in the given circumstances. 'Circumstances shape man's views on life.' Life is the only and the best teacher. It is the best practical book. It is the indisputable master. All other teachings and preachings are only but skin-deep. They are borrowed and not earned. But lessons learnt through subjective experiences are real and authentic ones. In fact, experiences themselves speak in the form of some quote etc. Life has changed so much now but the quotes have remained almost the same. It seems to me, not just. Change is the law of Nature, so quotes too should change with the changing times. As life has changed so much, so should change the quotes. Science and technology have made life so much fast and competitive. They have solved many problems but at the same time have created many new ones as

well. Life has become comfortable but ornamental. It has become sophisticated and unnatural thus miserable. In the age of super computers “Slow and steady wins the race” seems to be not in tune with the present times. “Once ahead always ahead” seems to be more appropriate. But there are still some quotes which are relevant even today and will remain so forever. Such quotes are based on Universal Truth hence will always remain so, such as- “A t thing of beauty is a joy forever”.

Life has changed so much and is ever-changing. Then how can views on it escape the change? Life has always three most important aspects; social, economic and political. Life is always very much affected and shaped by this ‘Earthly Trinity’. It too goes on changing with the times. The customs, traditions and other social aspects of life too go on changing with the changes. The economic and political aspects of life too go on undergoing many sea-changes. This trio is so inter-connected that if one changes the other two too follow the suit. When all this goes on changing, then how can our views escape it? As circumstances change, so will change our views and thus quotes too. Man learns authentic lessons from his experiences but rarely follows them. Why? The reason is that he lives more in the past and future than in the present. Borrowed beliefs of past and future prove a hindrance here too. He will have to live in the present if he wants to learn from his life. Only then he will be authentic because he will follow his own earned lessons.

I have tried to pen some new quotes based on my personal experiences in life. Life is a subjective experience. I have also keenly observed my surroundings

which helped me a lot in coining them. Though everyone is born unique and faces new situations in life and reacts differently yet all may not be able to put them in to words. But learn we all from the book of life, whether we follow the learning or not is another matter. If man remains a child-like, full of wonder, surprise and curiosity, then he can go on ever learning from life and can enjoy life as well. But mostly man begins to follow, as he has been prepared so. See, all are born unique, full of some creativity but moulded into carbon-copies. Some are able to maintain their uniqueness somewhat and these very people seem too odd ones as they are not part of the crowd. Such people learn from the experiences of life and are authentic. The views of our elders on important aspects of life were down-to-earth practical. The quotes we read today had taken birth out of their experiences in life. They had earned them through costly experiences. Some of them are relevant even today but some seek change with the passage of time. Most of the chapters of this book are on important aspects of life even then this chapter contains much in a nutshell on life. Other chapters too have quotes in them. May be, some of these quotes, do not find favour with some-ones as it is but natural. The circumstances of all of us vary and so does man's reaction in the given circumstances. Such differences of approach is natural and good too as it leads to new approaches. 'Life always goes on as life itself is 'the soul' of life.' It is a flow. This show of life must go on and so should be the lessons learnt from it, all ever-changing.

PAST, PRESENT AND FUTURE

Past is confusion

Present is reality

Future just imagination.”

“If man could undo past and know future

then present, that life is, will become dull,

boring, mundane and morose.”

“The ever-flowing nature of Nature, is termed

as ‘Time’, by man for his convenience”

“Past is gone, Future unknown

Only Present is your own”

“Learn from the past

Live in the present

And leave the future.”

“Past has slipped out of hand

Present is in hand

And future is far from hand.”

“Past need not be known
Future can not be known
Only present is your own.”

“Birth is past
Death is Future
Life is present.”

“Be behind the time and destroy life
Be with the time and enjoy life
Be ahead of time and bankrupt life.”

“As was the past
So is the present
Thus will be the future.”

“Past can never be undone
Future can never be known.
So, beautify the present
Which is your own.”

“Past is dead
Present is alive

Future is dud.”

“Old is the past

Youth is the present

Child is the future.”

“Remain evenly poised in joys and sorrows

Always live in the present and leave the yesterdays and tomorrows.”

“The presence of past hinders the presence of present.”

“Past cannot be undone but it has to be ignored to

carry on with the present.”

“Was, Is and will can never meet.”

“Past is by-gone present and future is in-coming present.”

THE SUFFERINGS

“Sufferings can never be compared

May these be spared.!”

“Sufferings can never be cured

These can but be endured.”

“Sufferings invite exploitation.”

“The sufferer has no audience.”

“The sufferer has to bear and

hear and that too all alone.”

“The joys are collective

Whereas sorrows subjective.”

Misery lies in the eyes.”

“Loss invites sermons even from the undeserved ones.”

“All gains are momentary whereas losses permanent.”

“Laughter is more essential for the sufferer

than a non-sufferer.”

“Loss is loss,

Gain is gain.

All are with the winner

Who, with the defeated, will remain?”

ECONOMICS OF LIFE

“Money’s cares, but only money spares.”

“Each and every action of man is basically guided by economics of life.”

“Money is a necessity for the living ones but an absurdity for the dead.”

“Money is good as a necessity but the worst as a frailty.”

“Most of the worries are economic in nature.”

“Money makes the game of life worth-playing.”

“Money is power, positive if earned, but negative if minted.’

“Money itself is not happiness but is a prerequisite for it.’

“Comforts are not joys but essential for them and only money can buy them.”

“Money has been made the reigning god?’

“All enter here bare-handed, leave so, but can’t live so.”

“If you want to rise

Then be worldly-wise.”

“Even the word ‘Hell’ falls short of poverty.”

“Affluence knows little planning.”

HEALTH IS HEAVEN

“The whole health is heaven-that is physical, mental, economic and spiritual.”

“Wealth sans health is a curse

Whereas health sans wealth is partial.”

“Health is precious.”

“Health is a need whereas wealth a luxury.”

“Nothing is so yours as health.”

“Nothing can buy health whereas

Wealth can be earned by health

“Life can go on without wealth but not without health.”

MISCELLANEOUS GEMS

“**B**earing, rearing and circumstances shape man’s views hence life.”

“Only those people give something to humanity who receive but nothing from it,

“The excess leads to complication, the shortage to frustration.”

“Suppression leads to obsession and obsession is the surest hell.”

“To have nothing is not so painful as is to lose after having.”

“Success has no substitute, Failure no explanation.”

“Which can’t be proved must be approved.”

“Time heals less but conceals more.”

“Habits know no death.”

“Others cannot hurt you so much as can yours own.

“To teach and preach is pleasurable, to learn is miserable.”

“Patience always pays but too late?”

“The same can be tackled but only by the same.”

“Adversity is the authentic University.”

“Mere thinking is but sinking.”

“The problems of plenty are worth-facing than of penury.”

“Most of the tragedies are caused by misunderstanding.”

“Awakening in this very world is the real emancipation.”

“Castles are always built on others’ ruins.”

“Be neither too good nor too bad

But be as required.”

“Goodness and suffering do rarely apart.”

“That which can be bought is the cheapest one.”

“Flight for the right is right.”

“Forehead is more important than Head!”

“All is yours even then yours is nothing?”

“Beware of the ever-folded hands.”

“Favours have ever to be paid and that too in the multiples.”

“Man is not, what he could have been; but is, what he has been made out to be.”

“Despair takes birth only out of the womb of hope.”

“None is of none in the ordeal.”

“Education is longer than life.”

“Knowledge is borrowed while experience is attained.”

“Learning sans doing is but hollow.”

“Earned learning is an asset but the borrowed, a liability.”

“Knowledge is borrowed, learning an earning.”

“Compactness is heavenliness.”

“Cheerfulness is an asset.”

“Laughter is the Panacea.”

“Creativity is the nectar of life.”

“The Behaviour reveals the breed.”

“Effortless efforts certainly bear fruit.”

“Relations crop us in nearness and not necessarily in dear-ness.”

“The king can be good but good can rarely be king.”

“To forgive is not as great as is to seek forgiveness.”

“Nothing is good or bad but circumstances make it so.”

“This world is so wicked

Here dead are worshipped

But living ones kicked.”

“Nothing can save you if your own mind becomes thine own best foe.”

“All is heaven here but for the ill-mind.”

“Love is an expansion; hatred a contraction.”

“The so-called near and dear ones are the first to run away in adversity.”

“Understanding is always right

It can avoid many a fight.”

“To ignore is the best way to punish.”

“Here many are worse

Many better than thee.

All have problems of their own

And none is devoid of worry.

Live within and by thine own earnings

To be relax, happy and free.”

“Desertion is the popular reward for the helping hand.”

“Those, who try to reform the set-up get themselves deformed?”

“Thinking sans doing is suicidal

Doing sans thinking, fatal.”

“Reality is always hard whereas myth sweet.”

“Man is always good but for his own self!”

“To invite a quarrel is the easiest job.

“Dependence is a crippling.”

“Too much closeness invites similar distance.”

“Maintenance is harder than acquisition.”

“Knowledge is misery

Learning a bliss.

Innocence is heavenly

Ignorance a curse.”

“Be as much wholly free as much thou want to be happy.”

“Nothing means like Means?”

“Reveal the truth, Feel the heat.”

THE CLOSING

"Closing means the next beginning."

I hope that this maiden attempt of mine will help in bringing home the art of life. In fact, the art of living can not be learnt but it can only be experienced. Life will be as you live it. None can help you in this matter except you yourself. Some signals can be of some help. I have tried to put into words what I have observed and experienced in life. I always try to observe and conserve. May Nature bless me to pen more on other important aspects of life. For this, I would like to have the valued support of all. Life is an open book, so man too must always remain open. One closing leads to another opening. In this way, I will go on experiencing life and earning new learnings. So there might be some additions, deletions, and alternations on this very subject in my further attempts. So, I invite positive criticism which will enable me to write more purposely in the on-going show of life.

ABOUT THE AUTHOR

"The man is what he is made out to be."

This is the maiden attempt of the writer. He is M.A. in Political science along with B.Ed. and is presently posted as Principal. I have watched him from

his college days as he has been one of my pet students. He has a keen observation power since those days. I am proud of him as an intellectual and a budding writer.

May Nature bless him!

He was born in a middle class family on Dec. 25, 1956 at village Jogewala, Tehsil Dabwali, Distt. Sirsa in Haryana. He is the only educated one in the family of eight and even among all his relatives. So, imagine the hardships he has to face in coping with them. He is a radical since his very beginning, he has to fight with established norms. In doing so, he has to suffer much and will have to suffer even more. He has never compromised on principles and that might be the reason for his failure in this materialistic world. But even then he has no grudge against anyone. He always accepts all as a Grace of Nature. He considers that Nature is always just and right, only man himself may be in the wrong. She is always bound by Her own laws and cannot use discretion. She has arranged all the heavens here but the worldly system can make either hell or heaven of it. His this attempt is a direct by-product of his minute observation of life and the worldly ways. Circumstances have taught him the true lessons of life and he is trying to share them with all of us.

Though his life has always remained hard yet he would never have penned any book but for Dabwali Fire Tragedy Dated Dec. 23, 1995. It was the most inhuman and tender tragedy in the human history so far. The occasion was the "Annual Function" of D.A.V. Centenary Public School Mandi Dabwali and the venue was Rajiv Marriage Palace. The School children along with their parents,

especially mothers, were in their best costumes and spirits. The mood was very festive as is usual on such occasions. About 1300 persons were enjoying the cultural programme performed by school children. The function started at about 13.30 p.m. The cream of whole Dabwali was there. At about 13.37 p.m. the cries of Fire, Fire rent the air. The synthetic make-shift arrangement was razed to the ground within three minutes. In fact, all the material was highly inflammable. It turned out to be a live-oven. There was only one tiny exit. The ill-management of the school management and the govt. authorities turned it to be the worst tragedy, what could have been the case of some casualties. The stampede followed and the children and their mothers were trapped and caught unawares. The true face of humanity revealed itself. All began to run for safety caring little for the heavenly children and Earthly mothers. In the melee, the children were crushed to death and their mothers died clinging to their children in a bid to protect and save them. The show of good and evil was there to be seen. About 450 people mostly school children and their mothers were roasted like chickens within no time. About 150 people were seriously burnt and some of them were incapacitated for life. Songs turned into cries and dances into naked dance of death. The dancing spot was turned into a grave-yard. Just imagine the ghastly sight!

The author of this book saw with his own eyes all this happening. He too was in the function but came out just then to have water. He went somewhat far away chatting with his friends. All was finished before his return. He lost his entire family in the inferno. His wife Ranjit, aged about 35 was a perfect house wife and

mother. His son Gagandeep, aged eleven, was the student of fifth class of the school. He had been a star-performer throughout. He was certainly to be admitted to Military school, Chail (H.P.) for which his father, the author, has prepared him right from the very beginning. His daughter Ramandeep, aged about eight, was studying in third class of the same school. She too was a talented and gifted child. She was a prolific dancer and had achieved many feats beyond her age. Thus his was a happy family. This was the only bright spot in the author's life and this too had been earned by him but this too was snatched away by the cruel hands of this world. He lit the joint pyre of his divine wife and blooming children at such a tender age. So, he has but only past with him. But he, by his own life style, has tried to ignore the past, to have no dreams of the future but to live in the present as it is. This is also the basic theme of this book, just a mini autobiography. It is but natural that his views on life bear the indelible stamp of the tragedy. He has seen both life and death very closely and also the futilities of this world. He has experienced both hell and heaven here. So, this booklet is based on the realities of life.

He is a firm believer in Nature. He still uses to say, "Always live with the realities of life. If you can't cause joy to anyone then at least don't cause suffering." He has liberal views since his very childhood and his this attitude towards life helped him to carry on still with life and that too graciously. From now-onwards he has shed any misconception that he had about life. He has decided to dedicate his rest of life for the causes of the child, woman and Nature.

He will try to awaken as many people as he can. His stress in this book is also on it. May Nature bless him in his mission...!

With best wishes,

Atma Ram Arora

Principal

Guru Nanak College

Killianwali,

Distt. Muktsar (Punjab)

In a Nutshell

“ Life is a flow; an immense energy. Illusions, myths and blind beliefs prove a hindrance to its Natural flow. Life is not a myth but a pure reality. The only way to bliss is to learn to live with the reality. Only the art of living with the reality can make life lively and lovely. The real birth happens (The Rebirth) only when one learns the art of life from life itself and becomes awakened about the reality.”

“ All that which binds thee

Is but a mere trash.

It hinders the flow of energy

Thus obstructing life's Natural pace

The precious chance is wasted thus

Remember, life is by Her Grace.

Just be free like a bird.

Then thou hath the infinite space ”